

Clean Slate supports daily detoxification for optimal vitality and health. This formula provides methylated B12 and folate along with bilberry and additional support designed to enhance the activities of several liver detoxification enzymes and support Phase I and Phase II detoxification pathways.*

Directions: Take two capsules once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

Warning: Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless directed to do so by a healthcare practitioner.

Caution: If pregnant or nursing, taking other nutritional supplements, or taking medications, consult your healthcare practitioner before use. To be taken under supervision of a healthcare provider. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

* Capsules are composed of plant-derived ingredients.

* Botane® mixed carotenoids.

** Is Botane®, Metabotan® is a registered trademark of Messk KGaA, Darmstadt, Germany. U.S. Patent Nos. 5,997,915; 6,254,984.

* Contains no more than 4% caffeine.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CLEAN SLATE

Dietary
Supplement

Formulated for
Sara Gottfried, M.D.

DAILY SUPPORT FOR
DETOXIFICATION*



reset 360.

76
CAPSULES

Supplement Facts

Serving Size 2 Capsules†

Servings Per Container 38

	Amount Per Serving	% Daily Value
Vitamin A (57% (1,467 IU) as beta-carotene** and 33% (834 IU) as retinyl palmitate)	2,500 IU	50%
Vitamin C (as ascorbic acid)	133 mg	222%
Vitamin D (as cholecalciferol)	23 IU	8%
Vitamin E (as d-alpha-tocopheryl succinate)	67 IU	273%
Thiamin (as thiamin mononitrate)	18 mg	667%
Niacin	5 mg	294%
Pantoic (as pantoic acid and pantoic acid)	23 mg	115%
Vitamin B ₆ (as pyridoxine HCl)	17 mg	450%
Folate (as calcium L-5-methyltetrahydrofolate**)	268 mcg	67%
Vitamin B ₁₂ (as methylcobalamin)	23 mcg	550%
Biotin	96 mcg	222%
Calcium (as calcium phosphate)	33 mg	330%
Iron (as iron citrate)	65 mg	43%
Selenium (as selenomethionine)	58 mcg	71%
Copper (as copper citrate)	8.65 mg	33%
Manganese (as manganese citrate)	1.65 mg	65%

The Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate, and silica.

DISTRIBUTED BY: GOTTFRIED INSTITUTE • 1480C MORAGA RD. #366
MORAGA, CA 94556 • To report adverse events call 866-649-4334.

	Amount Per Serving	% Daily Value
Methylcobalamin	23 mcg	550%
(as methylcobalamin aspartate)		
Silymarin (from milk thistle seed extract)	30 mg	
Silybin maximum		
Decaffeinated® Green Tea	5 mg	
(Camellia sinensis) Leaf Extract		
(standardized to 90% (31.6 mg) catechin and 40% (22.4 mg) epigallocatechin gallate (EGCG))		
Artichoke (Cynara scolymus) Leaf Extract	15 mg	
(containing cynarin and chlorogenic acid)		
Wormwoods (Artemisia annua)	10 mg	
Animal Plants 4:1 Extract		
Pomegranate (Punica granatum L.)	65 mg	
Whole Fruit Extract (standardized to 45.8 mg gallic acid equivalent (GAE))		
N-Acetyl L-Cysteine	4 mg	
Sodium Sulfate	10 mg	
Lauryl	11 mg	

*Daily Value not established.