

SAFETY SEALED. DO NOT
USE IF PRINTED SEAL
UNDER CAP IS CUT,
TORN, OR MISSING.

SATISFACTION
GUARANTEED OR
YOUR MONEY BACK.

WARNING: Before taking this product please consult your healthcare professional if you are pregnant, nursing or if you have any medical conditions or are taking any medicines.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Natural FLAXSEED OIL

1300 mg

Standardized Herbal Extract

Herbal Supplement

Supports Heart Health*

100 Softgels

Laboratory tested to release nutrients within 45 minutes.

Supplement Facts

Serving Size 1 Softgel

Each Softgel Contains % Daily Value

Calories 14	1% **
Calories from Fat 12	1% **
Total Fat 1.5 g	2% **
Saturated Fat <0.5 g	<1% **
Polyunsaturated Fat 1 g	1.5% **
Monounsaturated Fat <0.5 g	<1% **
Cholesterol 0 mg	0% **

Flaxseed Oil 1300 mg	*
Omega-3 ALA (Alpha-Linolenic Acid 65.0%) 845 mg	*
Omega-6 LA (Linoleic Acid 9%) 117 mg	*
Omega-9 OA (Oleic Acid 9%) 117 mg	*
Other Fatty Acids 65 mg	*
Palmitic Acid (3%) 39 mg	*
Stearic Acid (2%) 26 mg	*

* Daily Value not established.

** Percent Daily Value are based on 2,000 calorie diet.

INGREDIENTS: Cold-pressed Flaxseed Oil, Gelatin (non-porcine), Purified Water USP, Glycerin.

Directions: Take one softgel two times daily with a full glass of water, preferably after a meal.

NO ARTIFICIAL COLORS OR FLAVORS
NO GLUTEN • NO SALT • NO YEAST
NO STARCH • NO SUGAR
NO LACTOSE • NO WHEAT
NO CHEMICAL SOLVENTS
NO TRANS FAT • NO PRESERVATIVES

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

Our Maximum Strength Flaxseed Oil 1300 mg provides a rich source of the Omega-3 Essential fatty acid ALA (Alpha Linolenic Acid) and a good source of the Omega-6 Essential Fatty Acid LA (Linoleic Acid). These polyunsaturated fats cannot be manufactured by your body and must be obtained through your diet.

Flaxseed Oil is also a source of heart healthy monounsaturated Omega-9 Oleic Acid.*

Our Maximum Strength Flaxseed Oil 1300 mg is a natural, cold-pressed flaxseed oil and is non-GMO.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728
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Questions or Comments:
1-866-927-5470

FRESHNESS AND POTENCY GUARANTEED

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