

Each preservative-free vegetarian capsule contains only the active ingredients listed on the label. Excipient-free.

STORAGE: Keep tightly closed in a dry place; do not expose to excessive heat.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

Metabolic Maintenance

Manufactured by GMP Certified Facility
Metabolic Maintenance Products
Sisters, Oregon 97759
www.metabolicmaintenance.com



100 CAPSULES

Metabolic Maintenance

VITAMIN SUPPLEMENT

Little One
Children's
Multivitamin

DIRECTIONS: One (1) capsule daily with a meal as a dietary supplement, or as directed by a Doctor.

Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule	% Daily Value	Amount Per Capsule	% Daily Value
Vitamin A (as 50% Beta-tartrate® Mixed Carotenoids and 50% Palmitate)	5000 IU 100%	Biotin	200 mcg 100%
Vitamin C (as Ascorbic Acid)	100 mg 167%	Pantothenic Acid (as d-Calcium Pantothenate)	25 mg 250%
Vitamin D-3 (as Cholecalciferol)	400 IU 100%	Iron (as Iron Glycinate)	3 mg 50%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	60 IU 200%	Iodine (as Potassium Iodide)	100 mcg 57%
Thiamine (as Thiamine Mononitrate)	5 mg 333%	Zinc (as Zinc Citrate)	15 mg 100%
Riboflavin	5 mg 294%	Selenium (as L-Selenomethionine)	100 mcg 143%
Niacin (as Niacinamide)	25 mg 125%	Copper (as Copper Gluconate)	2 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	5 mg 250%	Manganese (as Manganese Gluconate)	1 mg 50%
Folate (as Folic Acid)	400 mcg 100%	Chromium (as Chromium Nicotinate)	100 mcg 27%
Vitamin B-12 (as Methylcobalamin)	10 mcg 167%	Molybdenum (as Sodium Molybdate)	25 mcg 37%

Other ingredients: vegetarian capsules, 1-4 each.

Waste (1 x 100) has 100

V-08