

Finest Natural-Source Vitamin E

Carlson

Dietary Supplement

E•GEMS[®] *plus*

Natural Vitamin E

50 Soft Gels: 400 IU

0440 - 2a

The Natural-Source Vitamin E in **E-GEMS[®] PLUS** is twice as active as synthetic vitamin E, inside our bodies.*

E-GEMS[®] PLUS contains 400 IU of Natural-Source Vitamin E in its original unesterified d-alpha tocopherol form plus 90 mg of mixed tocopherols per soft gel.

Vitamin E is an essential nutrient and important antioxidant that promotes a healthy heart and cardiovascular system to help maintain your good health.*

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Vitamin E (as d-alpha tocopherol)	400 IU	1333%
Total Mixed Tocopherols	90 mg	☆
Gamma Tocopherol	70 mg	☆
Beta and Delta Tocopherols	20 mg	☆

☆ Daily Value (DV) not established.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water.

Directions: Take one soft gel once or twice daily at mealtime.

Natural color. Corn-free. Milk-free. Salt-free. Sugar-free. Yeast-free. Preservative-free. Wheat-free. Gluten-free.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

POTENCY & QUALITY GUARANTEED

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