

Directions: For adults, take one (1) tablet daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin C (as Ester-C® Calcium Ascorbate)	1,000 mg (1 g)	1,111%
Vitamin D (as D3 Cholecalciferol)	125 mcg (5,000 IU)	625%
Calcium (as Ester-C® Calcium Ascorbate)	111 mg	9%

Other Ingredients: Vegetable Cellulose, Calcium Silicate, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Non-GMO • Suitable for Vegetarians

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

AMERICAN HEALTH

Non-Acidic

# Ester-C®

with D3

## BONE & IMMUNE HEALTH COMPLEX\*



1000 mg  
Non-Acidic Ester-C®

5000 IU  
Vitamin D3

ESTER-C®  
A UNIQUE GENTLE FORM OF VITAMIN C

ONCE DAILY

60 VEGETARIAN TABLETS | DIETARY SUPPLEMENT

Today Vitamin D is considered more important than ever. Vitamin D3, a more potent and bio-available form compared to Vitamin D2, plays an active role in the absorption of Calcium and Phosphorus, the building blocks of bone health.\* With concern about the damage of long term sun exposure, many of us are not getting the Vitamin D we need from natural sunlight. Non-Acidic Ester-C® with D3 Bone & Immune Health Complex combines the 24-hour immune support of pH-neutral Ester-C® Vitamin C with high-potency (5,000 IU) Vitamin D3 in a once daily formula.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ester-C®, Ester-C® and The Better Vitamin C® are registered TMs of The Ester C Company.

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