

DR. MERCOLA®
PREMIUM SUPPLEMENTS

MELATONIN
**SLEEP
SUPPORT***



*Spearmint Flavor
Dietary Supplement*

Net .85 FL oz (25 ml)

Supplement Facts

Serving Size: 6 Sprays (approx. .78 ml) • Servings Per Container: Approx. 32

Amount Per Serving		%DV
Niacin	1.5 mg	8%
Vitamin B6 (as pyridoxine HCl)	3 mg	150%
Proprietary Neuro Blend	31.5 mg	†
GABA (gamma amino butyric acid), L-Theanine, L-Tryptophan, Melatonin**.		
Proprietary Extract Blend	46 mg	†
CherryPure™ (Tart Cherry Skin), Humulus lupulus (4:1), Ziziphus jujuba (2% jujuboside), Valerian officinalis root (0.8% valerenic acids).		

† Daily Value not established.

Other ingredients: Purified water, vegetable glycerin (palm), xylitol, citric acid (beet/cane), natural preservative (potassium sorbate) and natural spearmint flavor.

Warning: Not to be taken by individuals under the age of 18. If you are pregnant, nursing, taking any prescription medication (especially hormone replacement therapy), or have an autoimmune or depressive disorder consult a physician before using this product. Long-term use of melatonin has not been studied. Use of this product could cause hypothermia. Do not use before or while operating a motor vehicle or heavy machinery. **KEEP OUT OF REACH OF CHILDREN. DO NOT SPRAY IN EYES.**

**Melatonin per 6 sprays: 1.5 mg

Suggested Usage: Break tab. Turn right to unlock. Press actuator down 4 times to prime pump. As a dietary supplement, adults take 6 sprays one hour before bedtime as needed, or as directed by your healthcare professional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity)

Manufactured in Canada for:
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