Brings life back to your hair, skin and nails.**



Amino Acids





Tablet

R Vitamins* **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTION: If you are pregnant or nursing, taking medication, planning surgery, have a medical condition, consult a doctor before using this product. Not recommended for people who regularly consume liver. Stop using and consult a doctor if any adverse reactions occur.

NO WHEAT OR MILK

OR SWEETENERS

- VES CERTIFIED GLUTEN-ERFE BY GECO ORG
- NO PRESERVATIVES CERTIFIED VEGETARIAN BY THE AVA YES RECYCLABLE PACKAGING NO ARTIFICIAL COLORS, FLAVORS
- YES MANUFACTURING SUPPORTS WIND POWER

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Lot No:

Best by:





This product has been manufactured at a GMP Registered facility.

[∆]Per serving



Country®

2,000 mcg Biotin[△]

CERTIFIED GLUTEN-FREE

- Our PLEDGE of INTEGRITY

AUTHENTICITY • CLEANLINESS • FRESHNESS CONSISTENCY . ACCURACY

DIETARY SUPPLEMENT





Directions: Adults take two (2) tablets daily. For best utilization, take with food. Do not exceed recommended dose. As a reminder discuss the supplements and medications that you take with your health care and lab providers.

Supplement Facts

Serving Size 2 tablets Servings Per Container 45

Amount Per Serving	% D	aily Value
Vitamin A (as retinyl palmitate)	1,500 mcg (5,000	LU.) 167%
Vitamin C (as ascorbic acid, rose hips)	200 mg	222%
Vitamin E (as d-alpha tocopheryl acid succinate)	33.5 mg (50 l.U.)	223%
Thiamin (vitamin B1)(as thiamine hydrochloride)	30 mg	2.500%
Riboflavin (vitamin B2)	50 mg	3.846%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2.941%
Folate	666 mca DFE	167%
	(400 mcg folic acid)	
Vitamin B12 (as cyanocobalamin)	50 mca	2.083%
Biotin (as d-Biotin)	2 000 mca	6.667%
Pantothenic Acid (as calcium d-pantothenate)	50 ma	1.000%
Choline (from choline bitartrate)		
Calcium (as calcium carbonate, calcium d-pantothenate)	± 200 mg	15%
lodine (as potassium iodide)†		
Zinc (as zinc rice chelate [rice flour based])†	15 mn	136%
Selenium (as selenium rice chelate [rice protein based])†	50 mca	91%
Copper (as copper rice chelate [rice protein based])†	1 mg	111%
Maxi Blend	1 100 mg (1 1 g)	

MSM (methylsulfonylmethane) L-Methionine (free form)

L-Cysteine (as L-cysteine hydrochloride) Horsetail Extract (stem)

* Daily Value not established

Other Ingredients: Cellulose, magnesium stearate, stearic acid, maltodextrin, cellulose & glycerin coating, silica, oligosaccharides (chicory root), calcium silicate, natural vanilla flavor, vegetable glaze, †Country Life always labels minerals in elemental weight.

Manufactured by Country Life, LLC 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA) CountryLifeVitamins.com • Product No. 5051