

SUGGESTED USE: As a dietary supplement for women, take 1 capsule three times daily, preferably with food.

WARNING: For adults only. Consult physician if taking medication or have a medical condition. This product should not be consumed during the first week of the menstrual period. Not intended for pregnant or nursing women. **KEEP OUT OF REACH OF CHILDREN.** Do not use if safety seal is damaged or missing. Store in a cool, dry place after opening.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



**VEGAN
GLUTEN FREE
DAIRY FREE**

#14929 • A20

**Daily Herbal &
Vitamin Formula**

Wellstra™

ADVANCED

Women's Health Support*

Complete Formula

*including
Borage Oil
Powder*

**30
VEGETARIAN
CAPSULES**

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetarian Capsule

Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin B6 (from pyridoxine HCl)	17 mg	1000%
Folate	222 mcg DFE (133 mcg folic acid)	56%
Borage Oil Powder (seed)	100 mg	*
Dong Quai Powder (root)	100 mg	*
Wild Yam Extract (root) (std. to 6% diosgenin)	75 mg	*
Chaste Berry Extract (fruit) (std. to 0.5% agnusides)	50 mg	*

***Daily Value (DV) not established.**

OTHER INGREDIENTS: HYDROXYPROPYL METHYLCELLULOSE, RICE FLOUR, VEGETABLE MAGNESIUM STEARATE, SILICON DIOXIDE.

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