

Ester-C® is a unique breakthrough, Vitamin C formula containing naturally occurring metabolites. Metabolites help enhance the retention of Vitamin C by your white blood cells, an important part of your immune system.\* And, because Ester-C® absorbs into your immune system and stays there, 1,000 mg daily delivers the 24-hour immune support and potent antioxidant activity you can depend on.\*

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Starch, No Artificial Flavor.

Suitable for Vegans.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store unopened container at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



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# Ester-C®

## LIQUID

250 mg per serving  
with Citrus  
Bioflavonoids

Berry Flavor



- Unique Vitamin C Formula
- Vegetarian

8 fl. oz. (237 mL)

Dietary Supplement

AMERICAN HEALTH™

**Directions:** Shake well before using. For adults, take one (1) tablespoon four times daily, preferably with a meal. Refrigerate after opening.

## Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container about 15

Amount Per Serving	%Daily Value	
Calories	30	
Total Carbohydrate	8 g	3%**
Total Sugars	7 g	***
Includes 7 g Added Sugars		14%**
Vitamin C (as Ester-C® Calcium Ascorbate)	250 mg	278%
Calcium (as Ester-C® Calcium Ascorbate)	40 mg	3%
Citrus Bioflavonoids	15 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

Other Ingredients: Purified Water, Fructose, Malic Acid, Natural Flavors, Natural Caramel Color, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Rosemary Extract.

Ester-C®, Ester-C® are registered TMs of The Ester C Company.

Carefully Manufactured by AMERICAN HEALTH, INC.

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