

Directions: For adults, take two (2) vegetarian tablets once daily, preferably with a meal.

Supplement Facts

Serving Size 2 Vegetarian Tablets

Servings Per Container 112

Amount Per Serving		%Daily Value
Vitamin C (as Ester-C® Calcium Ascorbate)	1,000 mg	1,111%
Calcium (as Ester-C® Calcium Ascorbate)	110 mg	8%

Other Ingredients: Vegetable Cellulose, Calcium Silicate, Vegetable Magnesium Stearate, Natural Palm Leaf Glaze.

Ester-C and Ester-C® are registered TMs of The Ester C Company.

Carefully Manufactured by AMERICAN HEALTH, INC.
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Ester-C®

Non-Acidic

● **Gentle and Non-Acidic**

● **Unique Vitamin C Formula**

● **Vegetarian**

500 mg



225 VEGETARIAN TABLETS

Dietary Supplement

AMERICAN HEALTH®

PROD No. 16991

Ester-C® is a unique, breakthrough Vitamin C formula containing naturally occurring metabolites. Metabolites help enhance the retention of Vitamin C by your white blood cells, an important part of your immune system. Ester-C®'s water-based manufacturing process neutralizes pH, making it non-acidic and gentle on the stomach. In a daily 1,000 mg dose, Ester-C® delivers 24-hour immune support...so once a day is all you need.**

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Sugar, No Starch, No Artificial Color, No Artificial Flavor, No Sodium.

Non-GMO • Suitable for Vegans

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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ACTUAL SIZE