

## Supplement Facts

Serving Size: 5 Capsules  
Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	5	
Total Carbohydrates	2 g	1%
Berberine Root ( <i>Berberis aristata</i> )	1,500 mg	**
Artichoke Leaf Extract	1,800 mg	**
Bromelain	150 GDU	**
Pepsin	500,000 FCC	**
Papain	100,000 PU	**

\*Percent Daily Value (DV%) Based on a 2,000 Calorie Diet

\*\*Daily Value Not Established

**Other Ingredients:** Hypromellose, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

**Allergen Warning:** This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, wheat, and soybeans.

### DIRECTIONS:

Take 5 capsules daily, spread evenly between at least three meals. For best results, take your larger doses (2 capsules) with meals containing carbohydrate.

†These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Notice to California Consumers: **WARNING:** Consuming this product can expose you to chemicals including lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

Check with a qualified healthcare professional before using this product if you are under 18 years of age or if you have any pre-existing medical conditions and/or are taking any prescription medication(s). **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**



L-CAPBALANCEV1



PLEASE RECYCLE

legion®

# BALANCE

## GUT SUPPORT

- + Reduces intestinal inflammation†
- + Enhances nutrient absorption†
- + Improves blood glucose control†

ALL-NATURAL  
100%  
INGREDIENTS

30 Servings / Dietary supplement / 150 Capsules

# BACKED BY SCIENCE. PROVEN BY YOU.

Balance is a 100% natural gut health supplement that contains clinically effective doses of 5 ingredients proven to reduce intestinal inflammation, enhance nutrient absorption, and improve insulin sensitivity and blood glucose control. That is, it improves your body's ability to process and use the food you eat, and this can reduce bloating and gassiness, increase energy and vitality, and support the metabolism.

So, if you want to experience less stomach discomfort, better digestion, and fewer energy highs and lows, Balance is for you.

Developed by: Legion Athletics  
8045 Leesburg Pike Ste. 240 Vienna, VA 22182  
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