

**Nutritional Support for Natural Energy  
Production and Overall Well-Being.\***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

**DIRECTIONS:** As a dietary supplement for children, two chewable tablets once daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by  
**Natural Organics Laboratories, Inc.**, makers of Nature's Plus  
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PRODUCT NO. 29986

Made with Vitashine™

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**Natures Plus.**

*Source of Life®*

**Children's Chewable  
Multi-Vitamin &  
Mineral Supplement**

with Whole Food Concentrates

**NATURAL  
GRAPE  
FLAVOR!**



**Now with  
Methylcobalamin  
& Methylfolate!**

**VEGETARIAN  
HYPO-ALLERGENIC  
180 ANIMALS**



**Supplement Facts**

Serving Size 2 Chewable Animal-Shaped Tablets  
Servings Per Container 90

| Amount Per Serving                                      | %DV for Children        |                      |
|---------------------------------------------------------|-------------------------|----------------------|
|                                                         | Under 4 Years<br>of Age | 4 Years<br>and Older |
| Calories                                                | 10                      |                      |
| Total Carbohydrate                                      | 2 g                     | <1%**                |
| Sugars                                                  | 2 g                     | †                    |
| Vitamin A (as beta carotene)                            | 5000 IU                 | 200% 100%            |
| Vitamin C (as ascorbic acid)                            | 60 mg                   | 150% 100%            |
| Vitamin D3 (as cholecalciferol from lichen)             | 400 IU                  | 100% 100%            |
| Vitamin E (as d-alpha tocopheryl acetate)               | 30 IU                   | 300% 100%            |
| Thiamin (vitamin B1) (as thiamine HCl)                  | 1.5 mg                  | 214% 100%            |
| Riboflavin (vitamin B2)                                 | 1.7 mg                  | 213% 100%            |
| Niacin (as niacinamide)                                 | 20 mg                   | 222% 100%            |
| Vitamin B6 (as pyridoxine HCl)                          | 2 mg                    | 286% 100%            |
| Folate (as calcium-L-5-methyltetrahydrofolate)          | 10 mcg                  | 5% 3%                |
| Vitamin B12 (as methylcobalamin)                        | 6 mcg                   | 200% 100%            |
| Biotin                                                  | 50 mcg                  | 33% 17%              |
| Pantothenic Acid (as calcium pantothenate)              | 10 mg                   | 200% 100%            |
| Calcium (as aminoate complex)                           | 20 mg                   | 3% 2%                |
| Iron (as aminoate complex)                              | 5 mg                    | 50% 28%              |
| Iodine (from kelp)                                      | 100 mcg                 | 143% 67%             |
| Magnesium (as aminoate complex)                         | 10 mg                   | 5% 3%                |
| Zinc (as aminoate complex)                              | 3 mg                    | 38% 20%              |
| Copper (as aminoate complex)                            | 0.05 mg                 | 5% 3%                |
| Manganese (as aminoate complex)                         | 0.05 mg                 | † 3%                 |
| Potassium (as aminoate complex)                         | 1 mg                    | † <1%                |
| Pineapple Fruit                                         | 50 mg                   | † †                  |
| Apple Fruit                                             | 50 mg                   | † †                  |
| Sunflower Oil                                           | 20 mg                   | † †                  |
| Lemon Bioflavonoid Complex<br>(from Citrus limon fruit) | 20 mg                   | † †                  |
| PABA (para-aminobenzoic acid)                           | 400 mcg                 | † †                  |
| Choline (as bitartrate)                                 | 10 mcg                  | † †                  |
| Inositol                                                | 10 mcg                  | † †                  |

\*\*Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established.

Other Ingredients: Fructose, citric acid, stearic acid, natural grape flavor, calcium carbonate, natural colors (grape, beet), ferrous fumarate, magnesium oxide, magnesium stearate, zinc oxide, potassium citrate, potassium iodide, spirulina (naturally rich in essential nutrients), rose hips (Rosa canina fruit), whole brown rice, broccoli, spinach, mango fruit, carrot, West Indian cherry (Malpighia glabra fruit) and papaya fruit. Mineral aminoates are hypo-allergenic whole brown rice chelates.