

Supplement Facts

Serving Size: 8 Veggie Capsules Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin A (as Beta Carotene)	450 mcg RAE	50%
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin D (as Cholecalciferol)	50 mcg	250%
Vitamin E (as D-Alpha Tocopherol Acetate)	17 mg	113%
Vitamin K1 (as Phytonadione)	500 mcg	417%
Vitamin K2 (as MenaQ7®)	100 mcg	83%
Vitamin B1 (as Thiamine HCl)	30 mg	2500%
Vitamin B2 (as Riboflavin)	20 mg	1538%
Vitamin B3 (as Niacin)	100 mg	625%
Vitamin B5 (as Calcium D-Pantothenate)	100 mg	2000%
Vitamin B6 (as Pyridoxine HCl)	15 mg	882%
Folate (as (6S)-5-Methyltetrahydrofolate Calcium Salt)	200 mcg DFE	50%
Vitamin B12 (as Methylcobalamin)	600 mcg	25000%
Biotin	300 mcg	1000%
Magnesium (as Magnesium Citrate)	200 mg	48%
Zinc (as Zinc Citrate)	30 mg	273%
Selenium (as Selenium Glycinate Complex)	25 mcg	45%
Chromium (as Chromium Picolinate)	200 mcg	571%
Iodine (as Potassium Iodide)	225 mcg	150%
Potassium (as Potassium Iodide)	52 mcg	<1%
KSM-66™ Ashwagandha <i>Withania somnifera</i> [Root] Extract (Std. to 5% Total Withanolides)	500 mg	†
Black Cumin (<i>Nigella sativa</i>) [Seed] Powder	500 mg	†
Pumpkin (<i>Cucurbita sp.</i>) [Seed] Extract	333 mg	†
N-Acetyl-L-Cysteine	250 mg	†
Grape Seed (<i>Vitis vinifera</i>) [Seed] Extract (Std. to Contain 95% Proanthocyanidins)	150 mg	†
Coenzyme Q10 (CoQ10, Ubiquinone)	90 mg	†
Sodium R-Alpha Lipoic Acid (ALA)	90 mg	†
Olive (<i>Olea europea</i>) [Leaf] Extract (Std. to Contain 40% Oleuropein)	80 mg	†
Marigold (<i>Tagetes erecta</i>) [Flower] Extract (Std. to Contain 10% Lutein)	60 mg	†
Marigold (<i>Tagetes erecta</i>) [Flower] Extract (Std. to Contain 10% Zeaxanthin)	60 mg	†
Laminaria japonica <i>Aresch</i> [Whole Plant] Extract (Std. to Contain 50% Fucoxanthin)	16 mg	†

*Percent Daily Value (DV%) are based on a 2,000 calorie diet.

†Daily Value not established

Other Ingredients: Hypromellose (Veggie Capsule), Silica, Cellulose, Magnesium Stearate.



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TRIUMPH

MEN'S SPORT MULTIVITAMIN

+ Boosts health & performance*

+ Reduces stress & fatigue*

+ Enhances immunity & longevity*

VITAMINS, MINERALS
32
HERBS & AMINO ACIDS

30 Servings / Dietary supplement / 240 Vegetarian capsules

SUGGESTED USE:

Take 8 capsules daily. They can be taken all at once, but for optimal results take 4 capsules twice daily with meals.

Notice to California Consumers:

WARNING: Consuming this product can expose you to chemicals including lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

*These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. **KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT ROOM TEMPERATURE.**

Allergen Warning: This product is manufactured in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish, and shellfish.

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