

Supplement Facts

Serving Size: 8 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin A (as carotenoids)	1500 IU	30%
Vitamin C (as ascorbic acid)	90 mg	100%
Vitamin D (as cholecalciferol)	2000 IU	500%
Vitamin E (as mixed natural tocopherols)	25 IU	80%
Vitamin K1 (as phyloquinone)	500 mcg	420%
Vitamin K2 (as menaquinone-7)	100 mcg	125%
Vitamin B1 (as thiamin hydrochloride)	30 mg	2500%
Vitamin B2 (as riboflavin)	20 mg	1540%
Vitamin B3 (as inositol hexanicotinate)	100 mg	630%
Vitamin B5 (as calcium pantothenate)	100 mg	2000%
Vitamin B6 (as pyridoxine hydrochloride)	15 mg	880%
Folate (as 5-methyltetrahydrofolate)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	600 mcg	25000%
Biotin	300 mcg	1000%
Calcium (as calcium pantothenate)	8 mg	<1%
Iodine (as potassium iodide)	225 mcg	150%
Magnesium (as magnesium gluconate)	200 mg	50%
Zinc (as zinc citrate)	30 mg	270%
Iron	10 mg	60%
Selenium (as selenomethionine)	25 mcg	45%
Chromium (as chromium picolinate)	200 mcg	570%
Potassium (as potassium iodide)	52 mg	1%
Acetylcysteine (as N-acetyl-L-cysteine)	250 mg	**
Grape Seed Extract	150 mg	**
CoQ10 (as ubiquinol)	90 mg	**
Alpha Lipoic Acid	90 mg	**
Olive Leaf Extract (25% oleuropein)	80 mg	**
Zeaxanthin (from Tagetes Erecta Flower Extract)	6 mg	**
Lutein	6 mg	**
Fucoxanthin (from Laminaria Japonica Whole Plant Extract)	8 mg	**
Maca Extract	500 mg	**
Chaste Berry Vitex Extract	63 mg	**
Tribulus Terrestris	500 mg	**

*Percent Daily Value Based on a 2,000 Calorie Diet

**Daily Value Not Established

Other Ingredients: Microcrystalline Cellulose, Hypromellose, Magnesium Stearate. **Contains:** Soy.



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TRIUMPH

WOMEN'S SPORT MULTIVITAMIN

+ Boosts health & performance†

+ Reduces stress & fatigue†

+ Enhances immunity & longevity†

VITAMINS, MINERALS
33
HERBS & AMINO ACIDS

30 Servings / Dietary supplement / 240 Vegetarian capsules

DIRECTIONS:

Take 8 capsules daily. They can be taken all at once, but for optimal results take 4 capsules twice daily with meals.

Notice to California Consumers:

WARNING: Consuming this product can expose you to chemicals including lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

†These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Check with a qualified healthcare professional before using this product if you are under 18 years of age or if you have any known or suspected medical condition(s) and/or are taking any prescription or OTC medication(s). KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE. Allergen Warning: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

Developed by: Legion Athletics
1255 Cleveland St. Floor 4
Clearwater, FL 33755
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www.legionathletics.com



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