

Supplement Facts

Serving Size: 1 Scoop (8.91 g)

Servings Per Container: 60

Amount Per Serving %Daily Value*		
Calories	5	
Total Carbohydrate	1 g	<1%*
Micronized Creatine	5 g	**
L-Carnitine L-Tartrate	2.1 g	**
Corosolic Acid (from Banaba Leaf Extract)	10.5 mg	**

*Percent Daily Value Based on a 2,000 Calorie Diet

**Daily Value Not Established

Other Ingredients: Natural Flavors, Stevia (*Stevia Rebaudiana*) Leaf Extract, Citric Acid, Silica, Beet Powder (For Color).

Allergen Warning: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

DIRECTIONS:

Mix 1 serving with 10 to 12 ounces of water and take with your post-workout meal. On non-training days, take with your largest meal of the day. For optimal results, take every day.

Notice to California consumers: WARNING: Consuming this product can expose you to chemicals including lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Not intended for persons under the age of 18. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medication. Improper use of this product will not improve results and is potentially hazardous to a person's health. Use only as directed. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



legion.

RECHARGE

POST-WORKOUT DRINK

FRUIT PUNCH

+ Boosts muscle growth & recovery[†]

+ 5 grams of micronized creatine

+ 2.1 grams of L-carnitine L-tartrate

NATURALLY SWEETENED
100%
AND FLAVORED

60 Servings / Dietary supplement / Net Wt 534.8 G (1.18 lbs)



NATURAL
INGREDIENTS



THIRD-PARTY
TESTED



MADE IN
THE USA

BACKED BY SCIENCE.
PROVEN BY YOU.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



L-MHRECHARGEFP60V1

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