

Supplement Facts

Serving Size: 1 Scoop (5.1g)

Servings Per Container: 30

Amount Per Serving	%DV*
Total Carbohydrate	1 g <1%
Calcium (as Calcium Silicate)	27 mg 3%
Glycine	3 g **
Lemon Balm Leaf Extract (7% Rosmarinic Acid)	600 mg **
Rutaecarpine (RC-NOS)	100 mg **
Melatonin	500 mcg **

*Percent Daily Value (DV%) Based on a 2,000 Calorie Diet

**Daily Value Not Established

Other Ingredients: Natural Flavors, Stevia (*Stevia rebaudiana*) Leaf Extract, Citric Acid, and Turmeric Root Extract.

DIRECTIONS: Mix 1 scoop with 8-10 ounces of water or your preferred beverage 30-45 minutes before bed. Lunar can be used daily without harm, but by using it less frequently, you will maximize its effectiveness. We recommend that you use Lunar up to three times per week on nights where good sleep is particularly important.†

May cause drowsiness, be careful when driving a motor vehicle or operating machinery. Check with a qualified healthcare professional before using this product if you are under 18 years of age or if you have any pre-existing medical conditions and/or are taking any prescription medication(s). **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**



legion.

LUNAR

SLEEP AID

CHAMOMILE

- + **Fall asleep faster'**
- + **Stay asleep longer'**
- + **Feel more rested'**

ALL-NATURAL
100%
INGREDIENTS

30 Servings / Dietary supplement / Net Wt 153 G (0.34 lbs)

Notice to California consumers: **WARNING:** Consuming this product can expose you to chemicals including lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Allergen Warning: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

†These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PLEASE
RECYCLE

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L-CAPLUNARV2