

Each preservative-free vegetarian capsule contains only the active ingredients listed on the label. Excipient-free.

**STORAGE:** Keep tightly closed in a dry place; do not expose to excessive heat.

**KEEP OUT OF THE REACH OF CHILDREN.**

**Caution:** Diabetics, use only under a physician's supervision.

**Metabolic Maintenance**

Manufactured by GMP Certified Facility  
Metabolic Maintenance Products  
Sisters, Oregon 97759  
[www.metabolicmaintenance.com](http://www.metabolicmaintenance.com)



**Metabolic  
Maintenance**

**MINERAL SUPPLEMENT**

**GTF  
Chromium**

30 CAPSULES

200 MCG

**DIRECTIONS:** One (1) capsule daily as a dietary supplement, or as directed by a Doctor.

**Supplement Facts**

Serving Size: 1 capsule

Amount per Capsule	% Daily Value	
<b>Magnesium</b> (as Magnesium Citrate)	40 mg	10%
<b>Zinc</b> (as Zinc Citrate)	5 mg	33%
<b>Copper</b> (as Copper Citrate)	0.5 mg	25%
<b>Manganese</b> (as Manganese Aspartate)	1 mg	50%
<b>Chromium</b> (as Chromium Niacinate)	200 mcg	167%

Other ingredients: vegetarian capsule, L-leucine