All-in-One Pre-Workout Formula

FEEL THE RUSH IN 15 MINUTES!

XTREME SHOCK®

45 Ultra Concentrated SCOOPS

Take Your Next Workout To The "Xtreme"

- Xtreme Pump*
- Xtreme Strength*
- Xtreme Vascularity*
- Xtreme Energy*
- Xtreme Stamina*
- Xtreme Recovery*
- Xtreme Focus*

ZERO SUGAR

The Most Xplosive Beta-Alanine / Nitric Oxide Muscle Energy & Strength Activator

8.8 OZ (250 g)

WATERMELON
Naturally Flavored

DIETARY SUPPLEMENT

Directions for use: See Chart Below:
Xtreme Shock Pre Workout Formula is so Xtreme we recommend for the first 5 days start off with 1 Scoop (5.55g) on days 1 and 2. For Days 3 and 4, 1-2 Scoops and Days 5 and beyond 1-3 Scoops.

Day 1 - 2: 1 Scoop	1 Scoop, use 4 - 6 oz. cold water.
Day 3 - 4: 1 - 2 Scoops	2 Scoops, use 8 - 12 oz. cold water.
Day 5+: 1 - 3 Scoops	3 Scoops, use 12 - 16 oz. cold water.

DO NOT Exceed 3 Scoops in any 24 hour period.

WARNING: Not intended for the use by anyone under the age of 18. Do not take this product if you are pregnant or nursing. Consult a health care professional before using this product if you have heart disease, thyroid disease, diabetes, high blood pressure, depression or other psychiatric condition, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder. If you are using a monoamine oxidase inhibitor (MAO) or any other prescription drug, or you are using an over-the-counter drug containing ephedrine, pseudoephedrine or phenylpropanolamine (ingredients found in certain allergy, asthma, cough/cold and weight control products). Exceeding recommended serving will not improve results and may cause serious adverse health effects. Discontinue use and call a health care professional immediately if you experience rapid heartbeat, tremors, dizziness, severe headache, shortness of breath, or similar symptoms. Limit the use of caffeine containing medications, food, and beverages while taking this product. Do not use with alcohol. Do not use during strenuous activity in high temperature conditions. Always consult a physician before starting any diet or exercise program. This product is not suitable for sleep. KEEP OUT OF REACH OF CHILDREN. STORE IN COOL, DRY PLACE.

NOTE: Three scoops contains 300 mg of caffeine, limit the use of caffeinated products while taking this supplement. May cause flush and/or body tingle sensation. (Feel it Work!)

Supplement Facts

Serving Size: 1 scoop (5.55g)
Servings Per Container: 45

Amount Per Serving	% DV
Xtreme Shock® Proprietary Blend: 5,550 mg	
Endobrine™ (Beta Alanine, Carnosine ATP Synthesizer)	††
Arginine Malate	††
Kre Alkalyn® (PH Stable Creatine Monohydrate)	††
L-Tyrosine	††
Gluta Zorb® (Enhanced Glutamine)	††
USP Caffeine	††
Aminoglycine	††

†Percent Daily Values are based on 2,000 calorie diet.
†† Daily Values not established.

Other Ingredients: Maltodextrin, Citric Acid, Silica, Natural Flavors, Beet Root & Sucralose.

Enhanced with

Kre-Alkalyn® & GlutaZorb® are trademarks of All American Pharmaceutical. Kre-Alkalyn® is protected by US Patent 6,399,661. Other patents pending. GlutaZorb® is patent pending.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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