SUGGESTED USE Consume one or two capsules daily or as recommended by your physician. This product is most effective as part of a healthy diet and active lifestyle. For questions about the use of this product call 800.332.7799.

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Natural Hormone Balance

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WOMEN'S **WELLNESS**

Natural Relief for Symptoms of Menopause, Perimenopause and PMS



Dietary Supplement

360 Easy-to-Swallow Capsules

formula to support the needs of women at all stages of life. I contains our highest levels of the key beneficial isoflavones from Sov (Genistein, Genistin, Daidzein and Daidzin), Research has shown that these natural isoflavones can help to diminish the normal symptoms of menopause, such as hot flashes and night sweats. In addition to extensive research on hormonal balance, only Sov isoflavones have also been consistently shown to support bone and heart health. For centuries, Soy has been a staple food in the healthy Asian diet and Women's Wellness is designed to provide the same balance of isoflavones present in the healthy Asian diet. We also include 100 IU of Vitamin D3 and 50 mg of Calcium because of their critical roles in women's health, along with our special extract of Green Tea - Asia's traditional beverage. Our Green Tea extract is standardized to provide 125 mg of EGCG, which is now viewed as the molecule responsible for Green Tea's many health benefits. We include 75 mg of our Broccoli extract standardized for high levels of Sulforaphane which is now considered to be Broccoli's key beneficial molecule. We also include 250 mg of our special Cranberry concentrate, providing powerful support to a woman's urinary tract. Also included are Lutein. Lycopene and Zeaxanthin because these powerful anti-oxidants are so important to the health of female tissues, while also lacking from our diet and most supplements. We also include high levels of our Lutein absorption-protected Natural B-12 (Methylcobalamin). In short, Lycopene all of these specialized ingredients make our Women's Wellness a Zeaxanthin truly unique and comprehensive choice for hormonal balance and *Percent Daily Value (%DV) based on a 2,000 calorie diet. wellness throughout all stages of life. † Daily Value not established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND

Andrew Lessman's WOMEN'S WELLNESS is our comprehensive formula to support the needs of women at all stages of life. It contains our highest levels of the key beneficial isoflavones from Soy (Genistein, Genistin, Daidzein and Daidzin). Research has shown that	Supplement Facts Serving Size 2 Capsules Servings Per Container 180 Amount Per Serving %DV*
these natural isoflavones can help to diminish the normal symptoms of menopause, such as hot flashes and night sweats. In addition to extensive research on hormonal balance, only Soy isoflavones have also been consistently shown to support bone and heart health. For centuries, Soy has been a staple food in the healthy Asian diet and Women's Wellness is designed to provide the same balance of isoflavones present in the healthy Asian diet. We also include 100 IU of Vitamin D3 and 50 mg of Calcium because of their critical roles in women's health, along with our special extract of Green Tea – Asia's traditional beverage. Our Green Tea extract is standardized to provide 125 mg of EGCG, which is now viewed as the molecule	Vitamin D3 (as cholecalciferol) 2.5 mcg (100 IU) 13% Vitamin B12 50 mcg 2,083% (as methylcobalamin - protected Coenzyme B12) Folate Complex 67 mcg DFE (25 mcg folic acid) 17% (as L-methylfolate/folic acid) Calcium (as calcium carbonate) 50 mg 4% Soybean, extract (ultra-concentrate) 175 mg † standardized to 40% isoflavones Genistein/Genistin 28-40 mg Daidzein/Daidzin 26-40 mg Green Tea, extract (leaf) 250 mg †
esponsible for Green Tea's many health benefits. We include 75 mg of our Broccoli extract standardized for high levels of Sulforaphane, which is now considered to be Broccoli's key beneficial molecule. We	standardized to 98% polyphenols Epigallocatechin Gallate 125 mg
so include 250 mg of our special Cranberry concentrate, providing overful support to a woman's urinary tract. Also included are Lutein,	Cranberry, extract (fruit) 250 mg † standardized to 35% fruit acids/17:1 concentrate
pene and Zeaxanthin because these powerful anti-oxidants are portant to the health of female tissues, while also lacking from	Broccoli, extract (sprout/seed) 75 mg † standardized to 1.2% sulforaphane glucosinolate

Other Ingredients. Gelatin capsule, Proprietary Protective Methyl B12 Matrix. CONTAINS NO Milk, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additives.

2 mg (2,000 mcg)

1 mg (1,000 mcg)

100 mcg