

Supplement Facts

Serving Size: 2 Scoops (118.36 g)
Servings Per Container: 20

	Amount Per Serving	%Daily Value*
Calories	370	
Total Fat	6 g	8%
Saturated Fat	3 g	15%
Cholesterol	5 mg	2%
Total Carbohydrate	51 g	19%
Dietary Fiber	2 g	7%
Protein	38 g	76%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin K1 (as phytymenadione)	60 mcg	50%
Thiamine (as thiamine hydrochloride)	1.2 mg	100%
Riboflavin	1.3 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg	100%
Folate (as 5-methyltetrahydrofolate)	120 mcg DFE	30%
Vitamin B12 (as methylcobalamin)	29 mcg	1208%
Pantothenic Acid (as calcium pantothenate)	5 mg	100%
Calcium (from whey and casein)	630 mg	48%
Iron (as ferrous fumarate and from cocoa)	1.8 mg	10%
Iodine (as potassium iodide)	38 mcg	25%
Magnesium (as magnesium malate)	100 mg	24%
Zinc (as zinc picolinate)	2.75 mg	25%
Selenium (as selenomethionine)	27.5 mcg	50%
Copper (as copper gluconate)	0.224 mg	25%
Manganese (as manganese sulfate)	0.65 mg	28%
Sodium	300 mg	13%
Potassium	433 mg	9%
Potato Starch	38 g	**
Whey Protein Isolate	19.8 g	**
Micellar Casein	20.6 g	**
Oat Flour	12.7 g	**
Coconut Oil Powder	4 g	**
Flaxseed	4 g	**
Taurine	500 mg	**
Betaine Hydrochloride	200 mg	**
Inositol	200 mg	**
Lactobacillus acidophilus	350 mg	**
Lactobacillus casei	50 mg	**
Bifidobacterium lactis	100 mg	**
Bromelain	200 mg	**
Fungal Lactase	500 mg	**

*Percent Daily Value Based on a 2,000 Calorie Diet
**Daily Value Not Established

Other Ingredients: Cocoa Bean Powder, Erythritol, Natural Flavors, Maltodextrin, Salt, Stevia (Stevia rebaudiana) Leaf Extract, Xanthan Gum, Soy Lecithin, Tapioca Starch.

Contains: Milk, Soy (Lecithin), Tree Nut (Coconut), Wheat.

Allergen Warning: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

SUGGESTED USE:

As a dietary supplement, mix 2 scoops of Atlas with 20 ounces of cold water or your favorite beverage. Vary the amount of liquid to achieve desired consistency.



Developed by: Legion Athletics
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Notice to California consumers:

WARNING: Consuming this product can expose you to chemicals including lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Not intended for persons under the age of 18. Do not use if pregnant or nursing. Consult a health care professional prior to consumption if you have any pre-existing medical conditions or are taking any prescription medication. Improper use of this product will not improve results and is potentially hazardous to a person's health. Use only as directed. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



L-CAPATLASCV1



legion®

ATLAS
MEAL REPLACEMENT

DUTCH CHOCOLATE

+ Whey isolate & micellar casein

+ Naturally sweetened & flavored

+ No added sugars

PREMIUM PROTEIN
38
GRAMS
PER SERVING

20 Servings / Dietary supplement / Net Wt 2367 G (5.22 lbs)

BACKED
BY SCIENCE.
PROVEN
BY YOU.



NATURAL
INGREDIENTS



HORMONE &
ANTIBIOTIC FREE



GLUTEN-FREE



NON-GMO



THIRD-PARTY
TESTED



MADE IN
THE USA

Atlas is a 100% natural meal replacement supplement with exceptionally high-quality whey and casein protein from small, sustainable dairy farms in Ireland and nutritious, food-based carbohydrates and fats. †

It also provides you with 26 micronutrients, enzymes, and probiotics that improve your health and performance by plugging nutritional “holes” in your diet and help your body digest and absorb food more efficiently. Atlas is naturally sweetened and flavored, too, and contains no artificial food dyes, fillers, or unwanted chemicals.†

So, if you want a clean, all-natural, delicious meal replacement supplement with no chemical junk and cheap fillers, Atlas is for you.†