

Each preservative-free softgel capsule contains the active ingredients listed on the label.

**STORAGE:** Keep tightly closed in a dry place; do not expose to excessive heat.

**KEEP OUT OF THE REACH OF CHILDREN.**



**SPECIALTY  
PRODUCT**

**Metabolic  
Maintenance**

**DIETARY SUPPLEMENT**

**GLA-240  
as Borage Oil**

**DIRECTIONS:** One to three (1-3) softgels daily with meals as a dietary supplement, or as directed by a Doctor.

**Supplement Facts**

Serving Size: 1 softgel

Amount Per Softgel	% Daily Value*	
Calories	9	
Calories from fat	9	
Total fat	1 g	<2%
Borage Oil	1000 mg	**
GLA (Gamma Linolenic Acid)	200 mg	**

\* Percent daily values are based on a 2,000 calorie diet.

\*\* Daily Value not established

Other ingredients: gelatin, glycerin, water.  
Borage Oil contains the highest GLA content of any readily available seed oil.

**Metabolic Maintenance**

Metabolic Maintenance Products  
Sisters, Oregon 97759  
[www.metabolicmaintenance.com](http://www.metabolicmaintenance.com)



**180 SOFTGELS**