

Suggested Use: Take one (1) capsule twice daily with food. Store in a cool, dry place.

The nutrients contained in our **Gluko Harmony®** formula are based on ancient Ayurvedic traditional therapies which have been passed down for thousands of years. **Gluko Harmony's** blend of Ayurvedic botanical extracts can be used as part of your diet to help maintain healthy blood sugar levels already within the normal range.*

Please consult your healthcare practitioner before using any nutritional supplement, especially if you are taking medications on a regular basis, anticipate surgery, or are otherwise under medical supervision. Product not intended for use by children under 18 or women who are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



BLOOD SUGAR FORMULA*

Dietary Supplement • 60 Vegetable Capsules

Supplement Facts

Serving size: 1 capsule Servings per container: 60

Amount Per Serving	%DV**
Gymnema sylvestre leaf extract (25% gymnemic acids) 250mg	†
Bitter melon fruit extract (10:1) (Momordica charantia) 50mg	†
Baraba leaf extract (1% Corosolic acid) (Lagerstroemia speciosa) 24mg	†
Shilajit extract (8:1) (Asphaltum) (mineral pitch) 10mg	†
Cassia bark powder (Cinnamomum cassia) 6.25mg	†
Holy basil leaf extract powder (4:1) (Ocimum sanctum) 6.25mg	†
Turmeric root extract (Standardized to 95% Curcuminoids) (Curcuma longa L.) 6.25mg	†
Fenugreek seed powder (Trigonella foenum graecum L.) 2.5mg	†

**Percent Daily Value (DV) based upon 2,000 calorie diet
†Daily Value (DV) not established

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide.

Manufactured for: **Independent Vital Life, LLC**
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