

LifeSeasons®

NATURE WORKS. SCIENCE PROVES IT.™

Hypersensitivity to allergens, like pollen, dust, and pet dander, can send the immune system into overdrive. Breathe-X is formulated with all-natural ingredients to calm histamine production and ease some of the most common allergy signs, including sneezing, itchy eyes, and a runny nose.*



More about
our product!



**LifeSeasons
Immune**

Synergistic formulas tested
for purity and potency*

Springville, Utah
www.lifeseasons.com
1(877)455-2826
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Breathe-X provides sinus support and soothes nasal passages*

- **Quercetin** - an antioxidant that promotes healthy nasal mucosal cells and normal inflammation response*
- **Bromelain** - helps maintain healthy sinus tissue*
- **Vitamin C** - an antioxidant that supports immunity and normal histamine production*
- **Citrus Bioflavonoids** - works with Vitamin C to promote blood vessel integrity*
- **Nettle** - calms histamine production and supports normal inflammation response*

CAUTION: As with any dietary supplement, do not take without first consulting your healthcare practitioner, especially if you are pregnant, nursing, or are under medical supervision for any reason. Keep out of reach of children.

Rev. 03.20

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LifeSeasons®

Breathe-X Allergy & Sinus Support*

Quercetin
Bromelain
Vitamin C
Citrus Bioflavonoids
Nettle Leaf

Dietary Supplement
90 Vegetarian Capsules

Suggested Use: Take 3 capsules daily, with or without food.

Supplement Facts

Serving Size: 3 capsules daily
Servings per container: 30

	Amount per serving	% Daily Value**
Vitamin C (as ascorbic acid)	500 mg	559%
Magnesium (as oxide)	30 mg	8%
Quercetin (dihydrate from <i>Sophora japonica</i>)	1,000 mg	†
Bromelain (from <i>Ananas comosus</i> stem) (2400 GDU/g)	250 mg	†
Citrus Bioflavonoids (50% [100 mg] flavones)	200 mg	†
Astragalus root extract (<i>Astragalus membranaceus</i>) (5:1)	100 mg	†
Nettle leaf (<i>Urtica dioica</i>)	100 mg	†

† Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Hypromellose (vegetable cellulose), rice bran, and silica.

MADE WITHOUT artificial colors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, soy, milk, gluten, and magnesium stearate.

Vegetarian formula. Made in the U.S.A

