

SAFETY SEALED. DO NOT
USE IF PRINTED SEAL
UNDER CAP IS CUT,
TORN, OR MISSING.

SATISFACTION
GUARANTEED OR
YOUR MONEY BACK.

exchange
select



Enteric Coated OMEGA-3

1000 mg

Fish Oil Concentrate

Dietary Supplement
Supports Heart Health*

200 Softgels

Laboratory tested to release nutrient within 45 minutes.

Supplement Facts

Serving Size 1 Softgel

Each Softgel Contains	% Daily Value
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Calories 11	
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Calories from Fat 9	
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Total Fat 1 g	2% ***
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Saturated Fat <0.5 g	3% ***
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Polyunsaturated Fat <0.5 g	**
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Monounsaturated Fat <0.5 g	**
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Fish Oil Concentrate	**
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(Omega-3 Fatty Acids) 1000 mg	
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EPA (Eicosapentaenoic Acid) and	
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DHA (Docosahexaenoic Acid) 300 mg	
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** Daily Values not established.

*** % Daily Values based on a 2,000 calorie diet.

INGREDIENTS: Fish Oil Concentrate, Gelatin (non-porcine), Purified Water USP, Glycerin, Enteric Coating Ingredients: (Methacrylic Acid Copolymer, Triacetin), Natural Flavors. **Contains: Fish (Anchovy, Herring, Jack Mackerel, Mackerel, Sardine).**

Directions: Take one softgel one or two times daily, with a full glass of water preferably after meals.

**NO ARTIFICIAL COLORS OR FLAVORS • NO SALT
NO YEAST • NO LACTOSE • NO SUCROSE
NO STARCH • NO WHEAT • NO TRANS FAT
NO PRESERVATIVES • NO GLUTEN**

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

Fish Oil Concentrate is enteric coated to provide release of nutrients in the intestines for greater absorption and to reduce the 'fishy' aftertaste.*

Natural Fish Oil Concentrate provides a rich source of Omega-3 fatty acids. These polyunsaturated fats cannot be manufactured by your body and must be obtained through your diet.

Warning: Before taking this product, consult your healthcare professional if you are pregnant, nursing, or if you have any medical conditions or are taking any medicines.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728

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Questions or Comments:

1-866-927-5470

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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