

LifeSeasons®

NATURE WORKS. SCIENCE PROVES IT.™

Beauty comes from within. That's why adding the right blend of nutrients to your daily routine can make such a difference. Beau-T™ has been formulated to rejuvenate hair, skin, and nail cells. So you can look and feel your best—inside and out!



More about
our product!



**LifeSeasons
Women's**

Synergistic formulas tested
for purity and potency*

Springville, Utah
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Beau-T™ promotes healthy tissues throughout the body and nourishes hair, skin and nails.*

- **Biotin** - Supports cell growth and aids in strengthening hair and nails*
- **Collagen** - A structural protein to help fortify skin and fingernails*
- **MSM (Methylsulfonylmethane)** - A sulfur compound known as "nature's beauty mineral," it helps skin glow and hair shine*
- **Horsetail** - Contains silica and antioxidants to support skin healing*
- **Turmeric** - Rich in phytonutrients and antioxidants to aid cellular health*

CAUTION: As with any dietary supplement, do not take without first consulting your healthcare practitioner, especially if you are pregnant, nursing, or are under medical supervision for any reason. Keep out of reach of children.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LifeSeasons®

Beau-T™ Hair, Skin & Nails*

Biotin
Collagen
MSM
Horsetail
Turmeric

Dietary Supplement
90 Capsules

Suggested Use: Take 3 capsules daily, with or without food.

Supplement Facts

Serving Size: 3 capsules daily
Servings per container: 30

	Amount per serving	% Daily Value**
Biotin	6,000 mcg	2000%
Zinc (as zinc citrate)	15 mg	100%
Chromium (as chromium niacin)	500 mcg	417%
Selenium (as selenomethionine)	200 mcg	286%
Methylsulfonylmethane (MSM)	300 mg	†
Saw Palmetto Berry extract (<i>Serenoa repens</i>)	140 mg	†
Chicken Collagen	100 mg	†
Flax seed (<i>Linum usitatissimum</i>)	75 mg	†
Oat bran (<i>Avena sativa</i>)	75 mg	†
L-Cysteine	50 mg	†
L-Methionine	50 mg	†
Milk Thistle seed extract (<i>Silybum marianum</i>) (80% [40 mg] silymarin)	50 mg	†
Taurine	30 mg	†
Turmeric root extract (<i>Curcuma lora</i>) (95% [23 mg] curcuminoids)	25 mg	†
Nettle leaf (<i>Urtica dioica</i>)	25 mg	†
Nettle root extract (<i>Urtica dioica</i>) (4:1)	25 mg	†
Red Clover blossoms (<i>Trifolium pratense</i>)	25 mg	†
White Tea leaf extract (<i>Cameilia sinensis</i>) (60% [9 mg] catechins)	15 mg	†
Atlantic Kelp extract (<i>Laminaria digitata</i>) (0.4% [40 mcg] iodine)	10 mg	†
Histadine	10 mg	†
Horsetail Extract (<i>Equisetum arvense</i>) (7% [0.49 mg] silicon)	7 mg	†

† Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Rice bran and vegetable cellulose. MADE WITHOUT artificial colors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, soy, milk, and magnesium stearate. Made in the U.S.A.

