

LifeSeasons®

NATURE WORKS. SCIENCE PROVES IT.™

Feeling anxious or worried is a healthy mental response to real or perceived danger—it's triggered by the release of stress hormones in the body. Anxie-T™ is formulated with ingredients to calm the mind and support the body's return to balance during and after stressful situations.*



More about
our product!



LifeSeasons Mind and Sleep

Synergistic formulas tested
for purity and potency*

Springville, Utah
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Anxie-T™ helps the body feel more calm and relaxed, mentally and physically.*

- **Ashwagandha (Sensoril®)** - Supports natural energy levels and moderates the effects of occasional stress*
- **GABA** - A neurotransmitter that maintains balance and promotes a state of well-being*
- **Kava Kava** - Helps the body manage emotional stress and relax muscles*
- **Theobromine** - Supports a calm mood while maintaining alertness*
- **L-Theanine** - Supports relaxation of the nervous system, helps to improve mood and cognitive performance*

CAUTION: As with any dietary supplement, do not take without first consulting your healthcare practitioner, especially if you are pregnant, nursing, or are under medical supervision for any reason. Keep out of reach of children.

Rev. 03.20

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Anxie-T™ Stress Support*

Ashwagandha
GABA
Kava Kava
Theobromine
L-Theanine

Dietary Supplement
60 Vegetarian Capsules

Suggested Use: Take 2 capsules daily, with or without food.

Supplement Facts

Serving Size: 2 capsules

Servings per container: 30

	Amount per serving	% Daily Value**
Magnesium (as magnesium taurinate)	20 mg	5%
L-Theanine	200 mg	†
Andean Cocoa extract (<i>Theobroma cacao</i>)	100 mg	†
Ashwagandha root extract (<i>Withania somnifera</i>) (10% [10 mg] withanolides) (Sensoril®)	100 mg	†
GABA (gamma-aminobutyric acid)	100 mg	†
Kava Kava extract (<i>Piper methysticum</i>) (30% [30 mg] kavalactones)	100 mg	†
Theobromine	50 mg	†

† Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Hypromellose (vegetable cellulose), microcrystalline cellulose, rice bran, and silica.

MADE WITHOUT artificial colors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, soy, milk, gluten, and magnesium stearate.

Vegetarian formula. Made in the U.S.A

