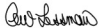


SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle, along with a daily multi-vitamin-mineral formula. **For questions about the use of this product call 800.332.7799.**



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PS 100 PHOSPHATIDYL SERINE

BRAIN AND NERVOUS SYSTEM SUPPORT
STRESS • MEMORY • MOOD



240 Easy-to-Swallow Capsules

Andrew Lessman's PHOSPHATIDYL SERINE 100 provides an ultra-concentrated source of the brain's most important phospholipid. **Phosphatidyl Serine (PS)** is a vital part of all cell membranes; however, it is in the brain where it is most highly concentrated and its benefits are therefore most apparent. Unfortunately, there are no good dietary sources of **PS**, so its independent benefits are only available via supplementation. Given **Phosphatidyl Serine's** high concentration in the brain, it is not surprising that **PS** plays a vital role in normal brain structure and function. **PS** is also essential for the production and release of neurotransmitters – those vital molecules that are required for all brain functions, such as thought, memory and concentration. **PS** has also been shown to help support positive mood and a healthy response to certain forms of stress. Life can often seem to be nothing more than a series of stressful experiences and it is often said that our ability to cope with that stress defines the quality of our life, particularly as we age. Our **Phosphatidyl Serine 100** provides a natural tool to help promote our body's healthy, positive response to stress while supporting healthy brain function, including positive mood and mental clarity.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR
COMMON ALLERGENS OF ANY KIND.**

Supplement Facts		
Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	120 mg	133%
Vitamin B1 (as thiamin hydrochloride)	5 mg	417%
Vitamin B2 (as riboflavin)	5 mg	385%
Niacin (as niacinamide)	5 mg	31%
Pantothenic Acid (as calcium pantothenate)	5 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	294%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	25 mcg	1,042%
Phosphatidyl Serine	100 mg	†
* Percent Daily Values (%DV) based on a 2,000 calorie diet.		
† Daily Value not established.		
Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.		