

LifeSeasons®

NATURE WORKS. SCIENCE PROVES IT.™

When the body is under internal or external stress, the adrenal glands release "fight or flight" hormones. Adrenal-T™ has been formulated with ingredients to support healthy adrenal function and normal endocrine response, and promote the body's return to balance.*



More about
our product!



**LifeSeasons
Endocrine**

Synergistic formulas tested
for purity and potency*

Springville, Utah
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Adrenal-T™ supports the body's natural ability to rejuvenate, manage stress and conserve energy.*

- **Rhodiola** - supports the body's ability to resist physical, chemical, and biological stress, and combats fatigue*
- **Holy Basil** - promotes vitality and helps calm the mind and body during times of stress*
- **Schisandra** - enhances physical performance, helps to resist stress and counter fatigue*
- **Ashwagandha** - supports natural energy levels and moderates the effects of occasional stress*
- **Vitamin B6** - helps in maintaining normal nerve function*

CAUTION: As with any dietary supplement, do not take without first consulting your healthcare practitioner, especially if you are pregnant, nursing, or are under medical supervision for any reason. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Rev. 03.20



LifeSeasons®

Adrenal-T™ Adrenal Support*

Rhodiola
Holy Basil
Schisandra
Ashwagandha
Vitamin B6

Dietary Supplement
60 Vegetarian Capsules

Suggested Use: Take 2 capsules daily, with or without food.

Supplement Facts

Serving Size: 2 capsules

Servings per container: 30

	Amount per serving	% Daily Value**
Vitamin B6 (pyridoxine HCl)	20 mg	1000%
Vitamin B12 (as methylcobalamin)	400 mcg	6667%
Holy Basil leaf extract (<i>Ocimum sanctum</i>) (2.5% [7.5 mg] ursolic and oleanolic acids)	300 mg	†
Rhodiola root extract (<i>Rhodiola rosea</i>) (3% [8.25 mg] rosinavin, 1% [2.75 mg] salidroside), root powder	275 mg	†
Schisandra Berry extract (<i>Schisandra chinensis</i>) (2% [4 mg] schisandrins)	200 mg	†
Ashwagandha (<i>Withania somnifera</i>) (0.1% [50 mcg] withanolides)	50 mg	†
Goji Berry (<i>Lycium barbarum</i>)	50 mg	†
Holy Basil leaf (<i>Ocimum sanctum</i>)	25 mg	†
Oatstraw (<i>Avena sativa</i>)	25 mg	†
Yerba Mate leaf (<i>Ilex paraguariensis</i>)	25 mg	†

† Daily Value not established.

Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Hypromellose (vegetable cellulose), and rice bran.

MADE WITHOUT artificial colors, preservatives, yeast, eggs, fish, shellfish, peanuts, tree nuts, wheat, soy, milk, gluten, and magnesium stearate.

Vegetarian formula. Made in the U.S.A

