



PREMIUM SUPPLEMENTS

COMPLETE
MILK THISTLE
80% Silymarin Extract
Plus Ground Seed

DIETARY SUPPLEMENT

120 CAPSULES

www.WholeHealth.com**Supplement Facts**

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	%DV	
Milk Thistle Extract (80% Silymarin)	200 mg	†
Milk Thistle Seed Powder	500 mg	†

† Daily Value (DV) not established.

Other Ingredients: Vegetable Capsule (HPMC [cellulose],
Water), cellulose (plant fiber) and stearic acid (vegetable source).

SUGGESTED USE: As a dietary supplement, adults take two capsules once daily with water, or as recommended by a health care practitioner.

Consult your health care practitioners prior to use and inform your pharmacist of all dietary supplements you are taking.

DOES NOT CONTAIN: milk, eggs, fish, Crustacean shellfish, tree nuts, peanuts, wheat, or soybeans.

Manufactured in the U.S.A. Lab assayed for purity.

KEEP OUT OF REACH OF CHILDREN. Store tightly closed in a cool, dry place. Do not use if outer seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vegetarian Product

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