

SAFETY SEALED. DO NOT USE
IF PRINTED SEAL UNDER CAP
IS CUT, TORN, OR MISSING.

SATISFACTION GUARANTEED
OR YOUR MONEY BACK.



exchange
select



TIMED RELEASE



Natural
VITAMIN B¹²
1000 mcg

Dietary Supplement
For Healthy Blood Cells*

60 Tablets

This time release product is specially formulated to
slowly release the nutrient in 4-6 hours.

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% Daily Value
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Vitamin B12 1000 mcg	16667%
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INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide, Cornstarch, Cyanocobalamin.

Directions: Take one tablet daily with a full glass of water, preferably after a meal.

NO ARTIFICIAL COLORS OR FLAVORS

NO YEAST • NO SUGAR • NO SALT

NO CHEMICAL SOLVENTS

NO WHEAT • NO TRANS FAT

NO PRESERVATIVES • NO GLUTEN

Keep out of the reach of children.

Store at 15° - 30° C (59° - 86° F).

Vitamin B12 helps maintain cardiovascular and nerve health and helps produce healthy red cells.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728

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Questions or Comments:
1-866-927-5470

EBESNESS AND POTENCY GUARANTEED THROUGH:

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