



SMART SLEEP



HERBAL LEMON

ALL NATURAL SLEEP AID

350MG
BIOACTIVE
MAGNESIUM

PER SCOOP



CHAMOMILE



LEMON BALM



STEVIA

FREE FROM: GLUTEN, DAIRY, WHEY, SOY, FILLERS,
ARTIFICIAL SWEETENERS, AND PRESERVATIVES.

114G // 4 OUNCES // DIETARY SUPPLEMENT

FEED WHAT YOU NEED™



We are Equip™, makers of clean, effective, convenient foods to support your overall health and performance goals. We stand for flexible nutrition that fits into your everyday life — anytime, with little effort. No synthetic ingredients, artificial flavorings, colorings, fillers, binding agents, sweeteners, or general buffoonery.

Our lives are crazy. It's not as easy to get a full night of sleep. Too much light, social life, working all hours, and traveling can all make it tough to get real rest.

WHEN
TO USE:



NIGHTLY
BEFORE
BEDTIME



WHEN ON
THE ROAD AND
JET LAGGED



WHEN
YOU NEED
TO RECOVER

WHAT TO EXPECT:

ONLY GOOD INGREDIENTS.

SOME GRAININESS —
THAT'S NORMAL!

NO CHEMICAL STABILIZERS
MEANS IT'S HEALTHIER FOR
YOUR GUT AND METABOLISM.

HOW TO USE:



ADD TO 8-16
OUNCES OF ANY
BEVERAGE

SUGGESTED USE:

Mix 1 scoop with 8 to 16 oz. of
your favorite beverage. Use only
as directed.

INGREDIENTS:

Malic Acid, Natural Flavor,
Citric Acid, Stevia Leaf Extract

Supplement Facts

Serving Size: 1 Scoop (3.7g/1.30oz)
Servings Per Container: Approximately 30

Amount Per Serving	% Daily Value*
Calories 5	**
Vitamin B6 (as Pyridoxal 5-Phosphate) 5mg	254%
Magnesium (as Magnesium Glycinate, Magnesium Taurinate) 350mg	83%
Zinc (as Zinc Citrate) 10mg	91%

Chamomile (<i>Matricaria recutita</i>) Flower Extract 100mg	**
Lemon Balm (<i>Melissa officinalis</i>) Aerial Extract 100mg	**
Rhodiola Rosea Root Extract (Organic) 50mg	**
L-Leucine 50mg	**
Valerian (<i>Valeriana officinalis</i>) Root Extract 50mg	**
L-Theanine 50mg	**

*% Daily Values are based on a 2,000 calorie diet.

**% Daily Values (DV) not established.



This product is not for sale in the United States. It is a dietary supplement. It is not intended to diagnose, treat, cure, or prevent any disease.

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