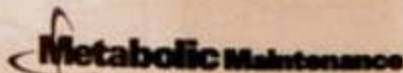


Directions: Mix one (1) tablespoon (8.5g) into at least 8 oz. of water, juice, or beverage of choice as a dietary fiber supplement. Drink immediately. Can also be added to protein shakes, smoothies, or yogurt. Excellent for adding to baked goods or sauces.

No artificial colors, flavors, or preservatives.

Metabolic Maintenance Products offers over 135 physician-exclusive nutritional supplements to healthcare professionals world wide.



Manufactured by GMP Certified Facility
Metabolic Maintenance Products
P.O. Box 940
Sisters, Oregon 97759
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COLON
HEALTH



DIETARY FIBER SUPPLEMENT

Essential Fiber

255 GRAMS / 9 OZ.

30 SERVINGS

Supplement Facts

Serving Size: 1 tablespoon (8.5 g)

Servings Per Container: 30

Amount Per Serving	% Daily Value*	
Calories	15	
Calories from fat	0	
Total fat	0 g	0%
Sodium	5 mg	0%
Total Carbohydrate	8 g	3%
Dietary Fiber	7.5 g	30%
Soluble Fiber	6 g	
Insoluble Fiber	1.5 g	
Sugars	0 g	
Protein	0 g	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Inulin, resistant maltodextrin, hydrolyzed guar gum, oat fiber (gluten-free).

No colors, flavors, preservatives, yeast, wheat, egg, soy, milk or nuts.

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