

ANTI-CATABOLIC NIGHTTIME PROTEIN

Suggested Use: Take NutraBio Casein before bed, between meals or any time slow digesting protein is desired. Add 1 scoop with 8 ounces of cold water or your favorite beverage to a shaker cup or blender and mix for 25-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Use nonfat milk for a thicker, creamier shake.

SUSTAINED RELEASE FOR PROLONGED AMINO ACID DELIVERY

Micellar Casein is a slow absorbing protein that provides a steady stream of amino acids to muscle cells lasting 4-6 hours. This ensures positive nitrogen retention in muscles for much longer periods compared to whey protein. Casein is best taken at night or in combination with whey protein isolate after workouts to provide sustained amino acid delivery during the two most crucial times of muscle growth: during sleep and post-training.

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from micellar casein protein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)		Conditionally Essential Amino Acids (CAAs)		Nonessential Amino Acids (NAAs)	
Tryptophan	340mg	Arginine	895mg	Aspartic Acid	1790mg
Valine **	1512mg	Cysteine	247mg	Serine	1296mg
Threonine	1019mg	Tyrosine	1265mg	Glycine	463mg
Isoleucine **	1265mg	Histidine	648mg	Alanine	772mg
Leucine **	2253mg	Proline	2346mg		
Lysine	1975mg	Glutamic Acid	5031mg		
Phenylalanine	1173mg	(Glutamine Precursor)			
Methionine	710mg				

** Branched Chain Amino Acids



MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY



NUTRABIO

GLUTEN FREE | NON-GMO | BSE/TSE FREE

MICELLAR CASEIN

SLOW DIGESTING PROTEIN

STRAWBERRY ICE CREAM

2lb 27 SERVINGS
Natural Flavoring
Protein Supplement • Net Wt. 2 lb (907 g)



25G PROTEIN
5G BCAAs
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Supplement Facts		
Serving size: 1 scoop (33.14 g)		
Servings per container: 27.37		
Amount Per Serving	% Daily Value	
Calories 120		
Total Fat 1 g		1%*
Cholesterol 15 mg		5%*
Total Carbohydrate 2 g		<1%*
Sugars 1 g		†
Protein 25 g		50%*
Calcium 728 mg		70%*
Phosphorus 316 mg		30%*
Sodium 110 mg		4%*
Potassium 80 mg		2%*
Micellar Casein	31.65 g	†
(Yielding 25 g complete protein per serving. Instantized with sunflower lecithin.)		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Other Ingredients: Flavoring (natural flavors 850 mg, salt 200 mg, malic acid 150 mg, acesulfame potassium 100 mg, sucralose 80 mg), beet powder 110 mg (color).
Contains: Milk.
No Excipients, No Fillers, No Artificial Color or Flavor, No Preservatives, No Starch, No added Sugar, No Soy, No Wheat, No Yeast, No Fish.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.
THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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THE ULTIMATE SLOW DIGESTING PROTEIN!

- NO FILLERS OR EXCIPIENTS
- NO PROTEIN SPIKING
- NO PROPRIETARY BLENDS
- NO INFERIOR CASEINATE
- NO ADDED SUGARS
- NO GLUTEN OR BSE/TSE
- NO MALTODEXTRIN OR DEXTROSE
- NO BANNED SUBSTANCES
- NO ARTIFICIAL COLORS
- NO HIDDEN INGREDIENTS



FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

CHECK. VERIFY. TRUST. View Independent Lab Results
CHECKMYSUPPS.COM

PRODUCT FILLED TO THIS LEVEL