Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino acid packed protein, 70% of the total protein comes from pure WPC 80 and 30% comes from pure Micellar Casein.

NO INFERIOR PROTEINS **NO ION EXCHANGE WHEY NO PROPRIETARY BLENDS NO HIDDEN INGREDIENTS**

NO GLUTEN. SOY or FILLERS NO PROTEIN SPIKING NO TRANS FAT or DEXTROSE **NO BANNED SUBSTANCES**

The protein value of 53g is derived from whey protein concentrate (WPC80) and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Maltodextrin (1 serving: 94.5g) (1/2 serving: 47.3g) (Long-Chain Polymetric Fraction: <4% mono-disaccharides, 34% oligosaccharides, 62% hendecasaccharides or higher)

Whey Protein Concentrate (1 serving: 47.7g WPC80 yielding 37g of complete protein) (1/2 serving: 23.9g WPC80 yielding 18.5g of complete protein) (CFM cross flow micro-filtered).

Micellar Casein (1 serving: 19.8g yielding 16g of complete protein) (1/2 serving: 9.9g yielding 8g of complete protein)

MCT Coconut Powder (1 serving: 3.2g) (1/2 serving: 1.6g).

Digestive Resistant Maltodextrin (Fibersol2®) (1 serving: 5.4g) (1/2 serving: 2.7g).

Flavoring (natural flavor 1.3g, malic acid 160mg, sucralose 85mg, acesulfame potassium 40mg, salt 30mg), beet powder (color) 180mg.

NO PROPRIETARY RIENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE



MANUFACTURED IN OUR SINCE

INSPECTED FACILITY

FDA Registration: 16906175560





GLUTEN FREE | NON-GMO | BSE/TSE FREE

HIGH PROTEIN MASS GAINER

Powdered Protein & Carbohydrate Drink Mix Natural Flavoring

Nutrition Facts

Per 1 Serving (4 school)

15.7 servings per container Serving size

Amount Box Convine

53**G**

12**G**

CALORIES

4 scoops (173a) Per 1/2 Serving (2 sonons

| Amount Per Serving | Per 1 Serving (4 scoops) | | Per 1/2 Serving (2 scoop | |
|-----------------------|--------------------------|----------------|--------------------------|--------------|
| Calories | 650 320 | | | |
| | 9 | % Daily Value* | % | Daily Value* |
| Total Fat | 6g | 8% | 3g | 4% |
| Saturated Fat | 4g | 22% | 2g | 11% |
| Trans Fat | 0g | | 0g | |
| Cholesterol | 145mg | 49% | 73mg | 24% |
| Sodium | 220mg | 10% | 110mg | 5% |
| Total Carbohydrate | 100g | 36% | 50g | 18% |
| Dietary Fiber | 5g | 19% | 3g | 10% |
| Total Sugars | 8g | | 4g | |
| Includes Added Sugars | 4g | 8% | 2g | 4% |
| Protein | 53g | 106% | 26g | 53% |
| Vitamin D | 10mcg | 50% | 5mcg | 25% |
| Calcium | 676mg | 50% | 338mg | 25% |
| Potassium | 420mg | 10% | 210mg | 5% |
| Vitamin A RAE | 1500mcg RAE | 170% | 750mcg RAE | 80% |
| Vitamin C | 60ma | 70% | 30ma | 30% |
| Vitamin E | 14mg | 90% | 7mg | 45% |
| Vitamin K | 80mcg | 70% | 40mcq | 35% |
| Thiamin | 1.5mg | 125% | 0.75mg | 60% |
| Riboflavin | 1.7mg | 130% | 0.85mg | 70% |
| Vitamin B3 | 20mg NE | 120% | 10mg NE | 60% |
| Vitamin B6 | 2mg | 120% | 1mg | 60% |
| Folic Acid | 680mcg DFE | 170% | 340mcg DFE | 80% |
| Vitamin B12 | 6mcg | 250% | 3mcg | 125% |
| Biotin | 300mcg | 1000% | 150mcg | 500% |
| Pantothenic Acid | 10mg | 200% | 5mg | 100% |
| Phosphorus | 435mg | 35% | 218mg | 17% |
| lodine | 150mcg | 100% | 75mcg | 50% |
| Magnesium | 125mg | 30% | 62mg | 15% |
| Zinc | 15mg | 140% | 7.5mg | 70% |
| Selenium | 70mcg | 130% | 35mcg | 60% |
| Copper | 2mg | 220% | 1mg | 110% |
| Chromium | 120mcg | 340% | 60mcg | 170% |

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Not a significant source of iron.

Whey Protein Concentrate (instantized with sunflower lecithin). Digestive Resistant Maltodextrin (Fibersol-2), MCT Coconut Powder (medium chain trialyceride oil from coconut. soluble corn fiber, sodium caseinate, sunflower lecithin, silicon dioxide). Natural Flavor Potassium Phosphate Dibasic. Magnesium Oxide, Beet Powder Malic Acid, Sucralose, DL-a-Tocopheryl Acetate, Asorbic Acid, Zinc Citrate, Salt, Vitamin A Palmitate, Niacinamide, Copper Glycinate Chelate, Vitamin K1. TRACCS® Selenium Glycinate Potassium Iodide, Chromium Nicontinate Chelate, Pyridoxine Hydrochloride, Thiamine mononitrate. Cholecalciferol. Methylcobalamin.

Other Ingredients: Maltodextrin,

Contains: Milk. Coconut.

Manufactured by: NutraBio Labs, Inc. 564 Lincoln Blvd., Middlesex, NJ 08846 www.nutrabio.com/ info@nutrabio.com (732-748-8606)

No Excipients, No Fillers, No Artificial Color or Flavor, No Preservatives. No Sov. No Wheat, No Yeast, No Fish. Do not use as a sole source of nutrition.

> THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM **DURING SHIPPING.)**

