Suggested Use: Using the dosage chart, add 1-2 scoops of MRP to 6-12 ounces of cold water or your favorite beverage and stir, shake, or blend. To make a creamy smoothie, add 2-3 ice cubes and put into blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. For delicious pudding: Spoon stir water slowly into MRP powder until you achieve a pudding consistency. Place in a refrigerator or freezer for 20 minutes.

| SERVING      | SC00P    | CALORIES | PROTEIN | CARBS | FAT   | FIBER |
|--------------|----------|----------|---------|-------|-------|-------|
| SNACK (half) | 1 scoop  | 120      | 12.5 g  | 13 g  | 2.5 g | 2.5 g |
| MEAL (full)  | 2 scoops | 240      | 25 g    | 26 g  | 5 g   | 5 g   |

No Excipients, No Fillers, No Artificial Color or Flavor, No Preservatives, No added Sugar, No Soy, No Wheat, No Yeast, No Fish.

**PROTEIN** 

**CARBS** 

**FATS** 

40% PROTEIN: Whey Protein Isolate (WPI 90) 15.06 g yielding 13.10 g complete protein. (CFM cross flow micro and ultra-filtered. Instantized with sunflower lecithin) Micellar Casein 15.06g (Yielding 11.9 g complete protein per serving) Instantized with sunflower legithin

40% COMPLEX CARBS: Includes Highly Branched Cyclic Dextrin 19.5 g (as ClusterDextrin®).

20% FATS: MCT Coconut Powder 6 g.

VITAMIN MINERAL COMPLEX: Contains a full spectrum of vitamins and minerals.

FIBER MATRIX: 4.35 g (Fibersol2® fiber 4 g, xanthan gum 350 mg).

FLAVOR PROFILE: 735 mg (natural flavor 610 mg, salt 65 mg, sucralose 60 mg).

This product is sold by weight, not volume. Some settling of contents may have occurred during the shipping and handling. Store in a cool dry place. Serving scoop included (may settle to the bottom during shipping.)









## SOY & GLUTEN FREE | NON-GMO | BSE/TSE FREE

40:40:20 MEAL REPLACEMENT



**Nutrition Facts** 

18 servings per container Serving size

Chromium 60 mcg 170%

50%

Amount Per Serving

25**G** 

**PROTEIN** 

240

CALORIES

BCAAs

(Ú)D

## **Calories**

Protein 25 q

Copper 1 mg 110%\*

% Daily Value Total Fat 5 g Saturated Fat 5 g Cholesterol 10 mg Sodium 70 mg Total Carbohydrate 26 q Dietary Fiber 5 q Total Sugars <1 g Includes 0 a Added Sugars

Vitamin D 5 mcg (200 IU) 25%\*. Calcium 419 mg 30%\* Potassium 120 mg 2%\* Vitamin A 750 mcg RAE 80%\* Vitamin C 30 mg 35%\* Vitamin E 7 mg 45%\* Vitamin K 40 mcg 35%\* Thiamin 750 mcg 60%\* Riboflavin 850 mcg 70%\* Niacin 10 mg NE 60%\* Vitamin B6 1 mg 60%\* Folic Acid 340 mcg DFE 90%\* Vitamin B12 3 mcg 130%\* Biotin 150 mcg 500%\* Pantothenic Acid 5 mg 100%\* • Phosphorus 184 mg 15% lodine 75 mcg 50%\* Magnesium 12 mg 2%\* Zinc 8 ma 70%\* Selenium 35 mcg 60%\*

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Not a significant source of iron, trans fats.

Branched Cyclic Dextrin (ClusterDextrin®), Whey Protein Isolate 90% (instantized). Micellar Casein (instantized), MCT Coconut 2 scoops (60.87 g) Powder (medium chain triglyceride oil from coconut, soluble corn fiber. sodium caseinate, sunflower lecithin, silicon dioxide), Digestion Resistant Maltodextrin (Fibersol-2). Natural Flavor, Xanthan Gum, Salt Sucralose, DL Alpha Tocopheryl Acetate, Ascorbic Acid, Zinc Citrate, Vitamin A Palmitate. Niacinamide. Copper Bisglycinate Chelate [TRAACS™], Vitamin K1, Selenium Glycinate Chelate [Albion™] Potassium Iodide, Chromium Nicontinate Glycinate Chelate TRAACSTM], Pyridoxine Hydrochloride, Thiamine Mononitrate, Cholecalciferol /lethylcobalamin.

Other Ingredients: Highly

Contains: Milk, Coconut.

Manufactured by: NutraBio Labs, Inc. 564 Lincoln Blvd., Middlesex, NJ 08846 / www.nutrabio.com / info@nutrabio.com (732-748-8606)



