Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino acid packed protein, 70% of the total protein comes from pure WPC 80 and 30% comes from pure Micellar Casein

NO INFERIOR PROTEINS NO ION EXCHANGE WHEY NO PROPRIETARY BLENDS NO HIDDEN INGREDIENTS

NO GLUTEN. SOY or FILLERS **NO PROTEIN SPIKING NO TRANS FAT or DEXTROSE NO BANNED SUBSTANCES**

The protein value of 53g is derived from whey protein concentrate (WPC80) and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Maltodextrin (1 serving: 94.5g) (1/2 serving: 47.3g) (Long-Chain Polymetric Fraction: <4% mono-disaccharides, 34% oligosaccharides, 62% hendecasaccharides or higher)

Whey Protein Concentrate (1 serving: 47.7g WPC80 yielding 37g of complete protein) (1/2 serving: 23.9g WPC80 yielding 18.5g of complete protein) (CFM cross flow micro-filtered).

Micellar Casein (1 serving: 19.8g yielding 16g of complete protein) (1/2 serving: 9.9g yielding 8g of complete protein).

MCT Coconut Powder (1 serving: 3.2g) (1/2 serving: 1.6g).

Digestive Resistant Maltodextrin (Fibersol2®) (1 serving: 5.4g) (1/2 serving: 2.7g).

Flavoring (1 serving: natural flavor 1.2g, sucralose 85mg, salt 30mg).

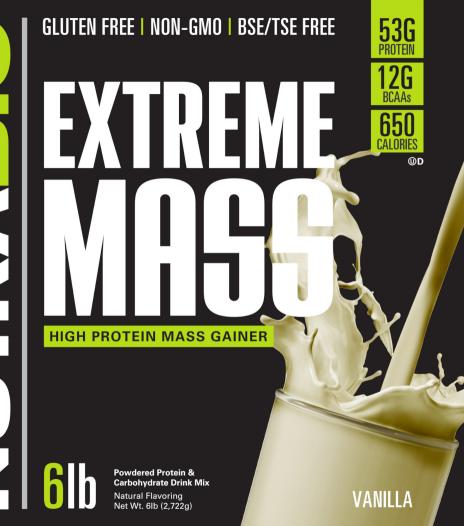
View Independent Lab Results

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE









Nutrition Facts

Per 1 Serving (4 scoons)

15.8 servings per container Serving size

Amount Per Serving

4 scoops (173g) Per 1/2 Serving /2 scoons

Amount Per Serving	650		320	
Calories				
		% Daily Value*		Daily Value*
Total Fat	6g	8%	3g	4%
Saturated Fat	4g	22%	2g	11%
Trans Fat	0g		0g	
Cholesterol	145mg	49%	73mg	24%
Sodium	220mg	10%	110mg	5%
Total Carbohydrate	100g	36%	50g	18%
Dietary Fiber	5g	19%	3g	10%
Total Sugars	8g		4g	
Includes Added Sugars	4g	8%	2g	4%
Protein	53g	106%	26g	53%
Vitamin D	10mcg	50%	5mcg	25%
Calcium	676mg	50%	338mg	25%
Potassium	420mg	10%	210mg	5%
√itamin A RAE	1500mcg RAE	170%	750mcg RAE	80%
Vitamin C	60mg	70%	30mg	30%
Vitamin E	14mg	90%	7mg	45%
√itamin K	80mcg	70%	40mcg	35%
Thiamin	1.5mg	125%	0.75mg	60%
Riboflavin	1.7mg	130%	0.85mg	70%
Vitamin B3	20mg NE	120%	10mg NE	60%
Vitamin B6	2mg	120%	1mg	60%
Folic Acid	680mcg DFE	170%	340mcg DFE	80%
Vitamin B12	6mcg	250%	3mcg	125%
Biotin	300mcg	1000%	150mcg	500%
Pantothenic Acid	10mg	200%	5mg	100%
Phosphorus	435mg	35%	218mg	17%
odine	150mcg	100%	75mcg	50%
Magnesium	125mg	30%	62mg	15%
Zinc	15mg	140%	7.5mg	70%
Selenium	70mcg	130%	35mcg	60%
Copper	2mg	220%	1mg	110%
Chromium	120mcg	340%	60mcg	170%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Not a significant source of iron.

Other Ingredients: Maltodextrin. Whey Protein Concentrate (instantized with sunflower ecithin) Micellar Casein instantized with sunflower lecithin). Digestive Resistant Maltodextrin (Fibersol-2), MCT Coconut Powder (medium chain rialyceride oil from coconut. soluble corn fiber, sodium caseinate, sunflower lecithin silicon dioxide), Natural Flavor, Potassium Phosphate Dibasic Magnesium Oxide, Sucralose, DL-a-Tocopheryl Acetate, Asorbic Acid, Zinc Citrate, Salt, Vitamin A Palmitate Niacinamide, Copper Glycinate Chelate, Vitamin K1, TRACCS® Selenium Glycinate, Potassium Iodide, Chromium Nicontinate Chelate, Pyridoxine Hydrochloride, Thiamine mononitrate. Cholecalciferol. Methylcobalamin. Contains: Milk, Coconut.

> Manufactured by: NutraBio Labs. Inc. 564 Lincoln Blvd. Middlesex, NJ 08846 www.nutrabio.com info@nutrabio.com (732-748-8606)

No Excipients, No Fillers, No Artificial Color or Flavor, No Preservatives, No Soy, No Wheat, No Yeast, No Fish Do not use as a sole source

of nutrition. THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING STORE IN A COOL DRY PLACE SERVING SCOOP INCLUDED

(MAY SETTLE TO THE BOTTOM DURING SHIPPING.

