

Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino acid packed protein. 70% of the total protein comes from pure WPC 80 and 30% comes from pure Micellar Casein.

NO INFERIOR PROTEINS
NO ION EXCHANGE WHEY
NO PROPRIETARY BLENDS
NO HIDDEN INGREDIENTS

NO GLUTEN, SOY or FILLERS
NO PROTEIN SPIKING
NO TRANS FAT or DEXTROSE
NO BANNED SUBSTANCES

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

The protein value of 53g is derived from whey protein concentrate (WPC80) and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Maltodextrin (1 serving: 94.5g) (1/2 serving: 47.3g) (Long-Chain Polymetric Fraction: <4% mono-disaccharides, 34% oligosaccharides, 62% hendecasaccharides or higher).

Whey Protein Concentrate (1 serving: 47.7g WPC80 yielding 37g of complete protein) (1/2 serving: 23.9g WPC80 yielding 18.5g of complete protein) (CFM cross flow micro-filtered).

Micellar Casein (1 serving: 19.8g yielding 16g of complete protein) (1/2 serving: 9.9g yielding 8g of complete protein).

MCT Coconut Powder (1 serving: 3.2g) (1/2 serving: 1.6g).

Digestive Resistant Maltodextrin (Fibersol2®) (1 serving: 5.4g) (1/2 serving: 2.7g).

Flavoring (natural cocoa 2.2g, natural flavor 650mg, sucralose 85mg, salt 30mg).

FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

CHECK.
VERIFY.
TRUST.

View Independent Lab Results
CHECKMYSUPPS.COM



MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY
FDA Registration: 16906175560



NUTRABIO

GLUTEN FREE | NON-GMO | BSE/TSE FREE

EXTREME MASS

HIGH PROTEIN MASS GAINER

6lb

Powdered Protein &
Carbohydrate Drink Mix
Natural Flavoring
Net Wt. 6lb (2,722g)

53G
PROTEIN

12G
BCAAs

650
CALORIES

®

CHOCOLATE

Nutrition Facts

15.6 servings per container

Serving size

4 scoops (174g)

Amount Per Serving	Per 1 Serving (4 scoops)		Per 1/2 Serving (2 scoops)	
Calories	650		320	
	% Daily Value*		% Daily Value*	
Total Fat	6g	8%	3g	4%
Saturated Fat	5g	25%	2g	12%
Trans Fat	0g		0g	
Cholesterol	145mg	49%	73mg	24%
Sodium	220mg	10%	110mg	5%
Total Carbohydrate	100g	36%	50g	18%
Dietary Fiber	6g	22%	3g	11%
Total Sugars	8g		4g	
Includes Added Sugars	4g	8%	2g	4%
Protein	53g	106%	26g	53%
Vitamin D	10mcg	50%	5mcg	25%
Calcium	676mg	50%	338mg	25%
Potassium	420mg	10%	210mg	5%
Vitamin A RAE	1500mcg RAE	170%	750mcg RAE	80%
Vitamin C	60mg	70%	30mg	30%
Vitamin E	14mg	90%	7mg	45%
Vitamin K	80mcg	70%	40mcg	35%
Thiamin	1.5mg	125%	0.75mg	60%
Riboflavin	1.7mg	130%	0.85mg	70%
Vitamin B3	20mg NE	120%	10mg NE	60%
Vitamin B6	2mg	120%	1mg	60%
Folic Acid	680mcg DFE	170%	340mcg DFE	80%
Vitamin B12	6mcg	250%	3mcg	125%
Biotin	300mcg	1000%	150mcg	500%
Pantothenic Acid	10mg	200%	5mg	100%
Phosphorus	438mg	35%	219mg	17%
Iodine	150mcg	100%	75mcg	50%
Magnesium	125mg	30%	62mg	15%
Zinc	15mg	140%	7.5mg	70%
Selenium	70mcg	130%	35mcg	60%
Copper	2mg	220%	1mg	110%
Chromium	120mcg	340%	60mcg	170%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
Not a significant source of iron.

Other Ingredients: Maltodextrin, Whey Protein Concentrate (instantized with sunflower lecithin), Micellar Casein (instantized with sunflower lecithin), Digestive Resistant Maltodextrin (Fibersol-2), MCT Coconut Powder (medium chain triglyceride oil from coconut, soluble corn fiber, sodium caseinate, sunflower lecithin, silicon dioxide), Natural Cocoa, Natural Flavor, Potassium Phosphate Dibasic, Magnesium Oxide, Sucralose, DL-a-Tocopheryl Acetate, Ascorbic Acid, Zinc Citrate, Salt, Vitamin A Palmitate, Niacinamide, Copper Glycinate Chelate, Vitamin K1, TRACCS® Selenium Glycinate, Potassium Iodide, Chromium Nicotinate Chelate, Pyridoxine Hydrochloride, Thiamine mononitrate, Cholecalciferol, Methylcobalamin.

Contains: Milk, Coconut.

Manufactured by:
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No Excipients, No Fillers,
No Artificial Color or Flavor,
No Preservatives, No Soy,
No Wheat, No Yeast, No Fish.

Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)



PRODUCT FILLED TO THIS LEVEL