

**GLUTEN FREE | NON-GMO | BSE/TSE FREE**

**SUGGESTED USE:** Add 1 scoop with 6 oz. of cold water or your favorite beverage. (*We'd say use beer, but we doubt that would taste very good.*) Mix for 25-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

**100% WHEY PROTEIN CONCENTRATE - FOR 100% RESULTS!**

Each serving contains 25 grams of complete protein derived solely from 100% Whey Protein Concentrate (WPC80). This supplement has NOT been amino or nitrogen spiked and contains only WPC80 with NO inferior whey concentrates like WPC34, WPC60, WPC75 or sweet whey. This does not contain maltodextrin, dextrose, dairy creamers or other fillers.

**HIGH CONCENTRATION OF ALL THINGS IRISH**

**Luck of the Irish Essential Items**

Horseshoe	525mg
4 Leaf Clover	1525mg
Rainbows	1675mg
Shamrocks	1725mg
Penny	2700mg
Gold Coins	2125mg
Trinity Knots	825mg
Rabbit's Foot	500mg

**Essential Items To Make You Feel Irish**

Whiskey	550mg
Comed Beef	500mg
Potatoes	725mg
Guinness	450mg
Shepherd's Pie	1525mg
Irish Soda Bread	4225mg

**Essential Items\*\* To Enjoy Irish Whiskey WPC**

**More Dan... in the Leprechaun Suit, Flexing and Talking in the Leprechaun Voice, while holding a Pot of Gold.**

\*\* maybe we get him a shillelagh this year, who knows?

**NUTRABIO**



Natural & Artificial Flavoring Protein Supplement • Net Wt. 2lb (907g)

2lb

**Supplement Facts**

Serving size: 1 scoop (34.24 g)  
Servings per container: 26.5

Amount Per Serving	% Daily Value
Calories 130	
Total Fat 2 g	3%
Saturated Fat 1 g	6%
Cholesterol 95 mg	31%
Total Carbohydrate 3 g	1%
Sugars 2 g	†
Protein 25 g	50%
Calcium 142 mg	10%
Phosphorus 120 mg	10%
Magnesium 21 mg	6%
Sodium 140 mg	6%
Potassium 160 mg	4%

**Whey Protein Concentrate** 32.47 g †  
(32.47 g WPC80 yielding 25 g of complete protein)(CFM cross flow micro-filtered. Instantized with sunflower lecithin.)

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other Ingredients: Flavoring (natural and artificial flavor 1.1 g, xanthan gum 210 mg, salt 170 mg, sucralose 80 mg, acesulfame potassium 70 mg, Color (beta carotene 120 mg, blue spirulina 25 mg).

Contains: Milk.  
No Excipients, No Fillers, No Artificial Color, No Preservatives, No Starch, No Soy, No Wheat, No Yeast, No Fish.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Irish Lass-kicker cupcakes**

**MAKES 6 CUPCAKES**

149 Calories • 12.3 g Protein • 3.6 g Net Carbs

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- 1 scoop of NutraBio Irish Whiskey Cream Protein Powder
- 1/4 cup coconut flour
- 1/4 cup confectioner's style erythritol
- 1 tsp. baking powder
- Pinch of cinnamon
- 1 jumbo egg
- 1/2 cup almond milk
- 1/4 cup softened coconut butter
- Splash of vanilla

**FROSTING**

- 1/2 scoop of NutraBio Irish Whiskey Cream Protein Powder
- 1/4 cup confectioner's style erythritol
- 7 oz. 2% greek yogurt

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**DIRECTIONS:**

Preheat oven to 375°F. Line six muffin tins with liners. In a large bowl, combine all cupcake ingredients until fully blended. Spoon evenly into the six tins. Bake for 17 minutes.  
In a separate bowl, combine all frosting ingredients and blend together until smooth. Put in fridge to set.  
Remove cupcakes from oven and let cool. Once cool, top with frosting.

SINCE 1996

MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY  
FDA Registration: 16906175560



MADE IN USA  
- WITH INGREDIENTS -  
- SOURCED WORLDWIDE



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PRODUCT FILLED TO THIS LEVEL