

***PURE PLANT ENZYMES™ (per capsule)

Carbohydrate Digestion:

pH Range††

Amylase 4-6 }

Phytase 5-7 }

Lactase I, II 3-6 }

Cellulase I, II 4-6 }

Sucrase 3-6 }

Maltase 3-8 }

Protein Digestion:

Protease I 6-9 }

II 5-10 }

III 2-6 }

IV 2-3 }

Fat Digestion:

Lipase I 6-8 }

II 4-8 }

Enzyme Activity

16,000 USP

11,900 DU

0.85 PU

800 ALU

175 CU

150 INVU

16,050 DP*

41,000 HUT

24,375 PC

15,000 USP

1,050 FIP

485 LU

††pH range over which enzyme is optimally active.

*In a laboratory test of leading enzyme products, measuring time required for visual disintegration of 6 unique food substrates.



completeGest

mealtime enzyme formula

Helps completely digest all foods*

90 VEG CAPSULES

DIETARY SUPPLEMENT

VEGETARIAN

PROVEN #1 FAST ACTING†

Supplement Facts

Serving Size 1 capsule

Amount per capsule

Pure Plant Enzymes™***
amylase, protease, lipase, lactase,
phytase, cellulase, sucrase, and maltase

306 mg**

**Daily Value not established.

Other ingredients: vegetable capsule (modified cellulose) and cellulose.

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Caution: If you know or suspect you have an ulcer, do not use unless under the care of a healthcare practitioner. If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Recommendations: One or two capsules with meals three times daily.

This product contains natural ingredients: color variations are normal.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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