

Suggested Use: Take 1 to 2 capsules per day between meals.

The "Golden Root" Adaptogen

Often referred to as the "golden root," Rhodiola Rosea has been clinically proven to exhibit potent adaptogenic properties that enhance the body's ability to adapt to stress. It is shown to:

- Reduce Stress & Anxiety*
- Improve Memory*
- Improve Cognitive Performance*
- Improve Physical Performance*
- Alleviate Fatigue*
- Improve Depression*

The Gold Standard in Rhodiola Rosea

Siberian Rhodiola® is the premium standard Rhodiola Rosea extract. It was formulated to have the highest effectiveness and derived from the best Rhodiola extract in the world. We use a maximum strength extract that delivers 5% Rosavins and 2% Salidroside, with both key nutrients in an ideal 5:2 ratio. Our Rhodiola Rosea is grown and harvested in Siberia's natural habitat; each batch is DNA verified to ensure species and region of origin.

Our formula also includes BioPerine® black pepper extract to enhance overall absorption of nutrients.

QUESTIONS ABOUT OUR PRODUCT?

We are here to help. Email us at
Support@TriquetraHealth.com

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

TRIQUETRA
HEALTH™

Siberian Rhodiola®

SIBERIAN RHODIOLA ROSEA EXTRACT

MAXIMUM STRENGTH & BIOAVAILABILITY
STRESS & MOOD | COGNITION | ATHLETIC PERFORMANCE

5%
ROSAVINS

2%
SALIDROSIDES

GROWN IN SIBERIA
DNA VERIFIED

BIOPERINE® ABSORPTION ENHANCEMENT

60 Capsules

Dietary Supplement

60 Servings

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 60

	Amount per serving	%DV
Siberian Rhodiola® Rosea (standardized to 5% Rosavins, 2% Salidroside)	200 mg	*
Rosavins	10 mg	*
Salidroside	4 mg	*
BioPerine® Black Pepper Extract	10 mg	*

* Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Cellulose (from capsule), Rice Fiber

WARNING: If you have a medical condition or are taking medication, contact a physician before taking this supplement.

Storage: Store in a cool, dark and dry



Distributed By:

Triquetra Health LLC
Lithia, FL 33547

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trademark of Sabinsa
Corporation