

Suggested Use: As a dietary supplement, take 4 drops daily. Add drops to water, juice, or food. Preferably do not take on an empty stomach.

Selenium is a crucial trace mineral that is commonly deficient in our diets. Our formulation contains the L-selenomethionine which is the most absorbable and bioavailable form of selenium. The liquid concentrate provides versatile and convenient use; add a few drops to any beverage or meal for rapid nourishment.†

Selenium is an essential mineral that plays a crucial role in hundreds of bodily functions.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Certified
VEGAN**



Revision: 03/23/20

**TRIQUETRA
HEALTH™**



Yeast-Free | Liquid Concentrate

Antioxidant†

Immunity†

Hormone
Function†

34
Se
Selenium

2 fl. oz. (59 ml)



DIETARY SUPPLEMENT

Supplement Facts

Serving Size: .20 ml (4 drops)

Servings Per Container: 300

Amount Per Serving		%DV
Selenium	200 mcg	364%
(as L- selenomethionine (Yeast-Free))		

*percent daily values are based on 2000 calorie diet.

Other Ingredients: Reverse Osmosis Water,
Organic Vegetable Glycerin

Contains no known allergens.

Distributed by: Triquetra Health LLC™
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