

DIRECTIONS: Take 1 scoop (3g) daily with or between meals. Enjoy mixed in juice, fruit smoothies, or sprinkled on food. Visit TriquetraHealth.com for recipes.

Supports Total Body Health & Vitality

Spirulina is one of the most complete foods you will find on the planet. It packs an abundant array of nutrients that include amino acids, vitamins, trace minerals, antioxidants, and phytonutrients such as chlorophyll. It also hosts a multitude of health benefits, which include:

- Supports Blood & Cell Health*
- Supports Brain Health*
- Supports Cardiovascular Health*
- Alkalizes pH Levels*
- Supports Detoxification*
- Boosts Immune System*

Triquetra Health's organic Spirulina is 100% raw & organic. This source of organic Spirulina meets the world's most rigorous organic and quality standards. It has been certified organic by the USDA, Ecocert, and Naturland. It is grown in an environmentally pristine area of South India away from agricultural and industrial pollutants and human development. After it's farmed, it is dried at low temperatures to preserve the enzymatic, nutritional value and bioavailability of the Spirulina. Thus providing you the purest organic Spirulina that is highly bioavailable within the body.

Visit www.TriquetraHealth.com for more information.
All products are scientifically-based and botanically derived for purity and strength.
Non-Irradiated - Solvent Free - No Preservatives

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TRIQUETRA
HEALTH™

ORGANIC
SPIRULINA

POWDER FORM

NUTRIENT DENSE MICRO-ALGAE FOR TOTAL BODY HEALTH

RAW FORM | BIOACTIVE | NON-IRRADIATED

PHYTO-NUTRIENTS	MICRO-NUTRIENTS	AMINO ACIDS
225 grams (8oz.)	Dietary Supplement	75 servings



Supplement Facts

Serving Size: 1 Scoop (3 g) Servings Per Container: 75

	Amount Per Serving:	%DV†
Calories	10	
Sodium	25 mg	1%
Protein	1.5 g	3%
Certified Organic Spirulina	3 g	**
Calcium	4.3 mg	2%
Iron	1.6 mg	14%
Magnesium	7.5 mg	2%
Iodine	8.1 mcg	5%
Vitamin A (as Beta Carotene)	5490 mcg	610%
Vitamin K	81 mcg	67%
Riboflavin	190 mcg	15%
Niacin	450 mcg	1%
Phycocyanin	195 mg	**
Gamma Linolenic Acid (GLA)	30 mg	**
Chlorophyll	52 mg	**
Total Carotenoids	12 mg	**
Lutein	160 mcg	**
Zeaxanthin	2.8 mg	**

**Daily value not established
†Percent Daily Values are based on a 2000 calorie diet.



Ingredients: Certified Organic Spirulina (*Arthrospira platensis*).

Storage: Store in a cool, dark, and dry place.

Warning: If you have a medical condition or are taking medication, contact a physician before taking this supplement.

Distributed by:
Triquetra Health™ LLC
Lithia, FL 33547

Certified Organic by:
Americert International

Keep out of reach of children.

Country of Origin: