SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. For best results take this product with food containing a small amount of fat or oil. This product is most effective when used as part of a healthy diet and active lifestyle. For questions about the use of this product call 800.332.7799.

#### FOR OVER 40 YEARS **Unsurpassed Purity, Quality and Efficacy**

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

We Remain Uniquely Committed to You and the Planet. You have my unwavering Promise.





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Manufactured by ProCaps Labs, Henderson, NV 89011



# **MAXIMUM L+Z**

## with ASTAXANTHIN

12mg Lutein | 6mg Zeaxanthin 4mg Astaxanthin

### OPTICAL PIGMENT BOOSTER

Maximum Potency to Support Macular and Retinal Health



Dietary Supplement | 240 Easy-to-Swallow Capsules

Andrew Lessman's MAXIMUM L+Z with ASTAXANTHIN is an ultra-high potency blend of three powerful protective carotenoids: Lutein, Zeaxanthin (L + Z) and Astaxanthin, Lutein and Zeaxanthin are the optical pigments essential to the healthy function and protection of the retina and its macular region. Astaxanthin is also highly concentrated in the eye where it imparts its unique functional benefits. Together these three essential ingredients work to protect the most fragile tissues of the eye while also promoting a lifetime of healthy vision. None of these vital protective carotenoids can be produced by the body, so their benefits require a food or supplement source, yet sadly, you will not find any meaningful amount of all three in any typical diet or eye formula. Plus, beyond their well-established role in protecting the eye and promoting healthy vision, Lutein, Zeaxanthin and Astaxanthin levels in the brain have now been associated with healthy brain and cognitive function, particularly as we age. Lutein and Zeaxanthin's critical role as optical pigments within the eye promotes visual acuity (sharpness of vision), as well as visual processing speed. Zeaxanthin's exceptionally high concentrations in the central retina affords enhanced protection to its macula region. L + Z can also protect the skin, but it is the brain where recent research has shown an association with superior cognitive function.

memory and verbal fluency with age. We also add Ahiflower® Oil to enhance the efficacy and benefits of this formula. The body cannot make Lutein, Zeaxanthin and Astaxanthin, and the typical American diet provides so little that supplementation remains the only viable option of ensuring the well-established benefits these critical nutrients provide to our eyes, vision and brain. Ahiflower® is a registered trademark of Technology Crops, LLC. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR** COMMON ALLERGENS OF ANY KIND

### **Supplement Facts**

Serving Size 1 Softgel Servings Per Container 240 **Amount Per Serving** 12 mg (12,000 mcg) Zeaxanthin Complex 6 mg (6,000 mcg) Astaxanthin (from Haematococcus pluvialis oil) 4 mg (4,000 mcg) Total Omega Fatty Acids 64 mg (from Ahiflower® Oil B, arvensis seed) ALA - Alpha- Linolenic Acid (Omega-3) 40-46 mg

SDA - Stearidonic Acid (Omega-3) 16-21 mg GLA - Gamma-Linolenic Acid (Omega-6) 4-8 mg

† Daily Value not established.

Other Ingredients. Soft-gelatin capsule (Gelatin, purified water, glycerin). Always Wear UV-Protective Sunglasses Outdoors