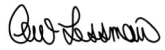


SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective when used as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS
Unsurpassed Purity, Quality and Efficacy
100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

*We Remain Uniquely Committed
to You and the Planet.
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AHIFLOWER[®] OIL OMEGA-3 WITH GLA

500 mg Plant-Based Omega-3s
Unique Balance of ALA • SDA • GLA



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's AHIFLOWER[®] OIL OMEGA-3 is a uniquely balanced, plant-based, non-GMO source of essential Omega-3 fatty acids. **Ahiflower** is the world's richest natural source of **SDA** (Stearidonic Acid), a rare Omega-3 fatty acid, which is far more effectively converted to EPA (Eicosapentaenoic Acid) than the ALA (Alpha-Linolenic Acid) present in most plants. The presence of **SDA** further elevates **Ahiflower Oil** above all other terrestrial plant-based oils, including flax, chia, hemp, sacha inchi, perilla and echium oils. Our **Ahiflower Oil** delivers greater Omega-3 bioactivity than all other non-marine, plant-based oils. **Ahiflower Oil** also uniquely provides **GLA** (Gamma-Linolenic Acid), an important precursor for the production of our body's vital prostaglandins, which play a multitude of roles promoting health and wellness. Our **Ahiflower** is also exclusively grown on sustainable farmland in the United Kingdom. In short, our **Ahiflower Oil** provides the most effective profile of Omega-3s from a sustainable, non-marine source without contaminants, stomach upset or fishy aftertaste.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ahiflower[®] is a registered trademark of Technology Crops, LLC.

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts		
Serving Size 1 Softgel	Servings Per Container 240	
Amount Per Serving	%DV*	
Calories 10		
Total Fat 1 g	1%	
Cholesterol 0 mg		
Ahiflower [®] Oil (from B. arvensis seed)	800 mg	†
Total Omega-3 Fatty Acids	500 mg	
ALA - Alpha-Linolenic Acid (Omega-3)	330 - 360 mg	
SDA - Stearidonic Acid (Omega-3)	130 - 150 mg	
GLA - Gamma-Linolenic Acid (Omega-6)	30 - 40 mg	
* Percent Daily Values (%DV) are based on a 2,000 calorie diet.		
† Daily Value not established.		

Other Ingredients. Soft-gelatin capsule (Gelatin, purified water, glycerin).

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens or manufacturing additives.