



Quick Tip: Re-Mineralize Your Water with a Few Drops

Because most water is completely stripped of all mineral content due to purification processes, consider adding a few drops of Ionic Lytes to each glass of water throughout the day to re-mineralize the water and improve overall absorption in the body.



Ionic Charge Electrolytes

Ionic Lytes is derived from the purest source of ionically charged sea minerals. The preservation of the natural ionic charge allows the electrolytes to bond perfectly with the water molecules and deliver deep cellular hydration at the cellular level.

Derived From Perfectly Purified Minerals

Using a cutting edge 12-point extraction and purification process, we produce perfectly purified electrolytes from sea minerals. The electrolytes are delivered in the form nature intended, maintaining the ionic charge and nano-particle size.



Electrolytes Are Essential For Hydration

Electrolytes play an essential role in overall hydration. Without electrolytes, the body is unable to retain water. Nearly all drinking water is completely stripped of the mineral content, thus hindering the water from properly hydrating the body.

Rapid Cellular Hydration*

Ionic Lytes will help you achieve rapid cellular hydration to improve athletic performance and recovery, enhance mental clarity, reduce signs of aging, improve energy levels, and support overall health.*



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



IONIC LYTES™

IONIC ELECTROLYTE CONCENTRATE

¹² Mg MAGNESIUM	¹⁹ K POTASSIUM
¹¹ Na SODIUM	³⁰ Zn ZINC

RAPID CELLULAR HYDRATION

PERFORMANCE

HYDRATION

RECOVERY

Suggested Use: Shake well. Add ½ tsp. to 32 oz of water (12 drops per 8 oz). Add a squeeze of lemon to improve the taste, or it can also be added to a smoothie or juice.

Supplement Facts

Serving Size: 2.5 ml (1/2 Teaspoon)
Servings Per Container: 96

Amount Per Serving:		%DV†
Magnesium (from magnesium chloride)	60 mg	15%
Chloride (from ionic sea minerals)	500 mg	15%
Sodium (from sodium chloride)	125 mg	5%
Potassium (from potassium chloride)	160 mg	5%
Zinc (from ionic zinc sulfate)	4 mg	36%

**Daily value not established
†Percent Daily Values are based on a 2000 calorie diet.

Other Ingredients

Ultra Pure Water, Sorbic Acid

Distributed by: Triquetra Health LLC™

Lithia, FL 33547

www.triquetrahealth.com



Dietary Supplement

8 oz

96 Servings