SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. This product is most effective when used as part of a healthy diet and active lifestyle. For questions about the use of this product call 800.332.7799.

FOR OVER 40 YEARS

Unsurpassed Purity, Quality and Efficacy

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VITAMIN K2 MK-7 -60 MCG-

ANDREW LESSMAN

Vitamin K's Most Active Form Promotes Optimum Heart, Bone



Dietary Supplement | 360 Easy-to-Swallow Capsules

supplementation the only reliable method of acquiring this essential vitamin. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MK-7 in the typical American diet making

CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND

Andrew Lessman's VITAMIN K2 MK-7 60 provides the most active and beneficial form of Vitamin K-2, Menaguinone-7 (MK-7), Vitamin K2 MK-7 is now recognized as essential for bone and heart health through its role in regulating Calcium metabolism. The "K" in Vitamin K₂ MK-7's name stems from the role of Vitamin K-1 in blood clotting, since it was discovered in Germany where "Koagulation" is spelled with a K. Vitamin K2 MK-7's unique importance instead relates to its scientifically established central role in calcium utilization and thus bone, heart and cardiovascular health. Essentially, Vitamin K2 MK-7 promotes the retention of calcium in healthy bone while discouraging its being deposited in other tissues causing undesirable calcification of arteries, heart valves, etc. By discouraging calcification. Vitamin K2 MK-7 promotes flexible, resilient arteries and heart valves, which is a defining characteristic of cardiovascular health. In short, Vitamin K2 MK-7 acts like a "traffic cop" directing calcium to the vital tissues where it is required while keeping it out of those where it is not desired. Since we all must consume calcium daily our healthy bones and flexible arteries require Vitamin K2 MK-7. Sadly, there is no significant source of Vitamin K2

Supplement Facts

Serving Size 1 Softgel Servings Per Container 360 Amount Per Serving Vitamin K2 MK-7 60 mcg 50%

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other Ingredients. Extra virgin olive oil (Organic), soft-gelatin capsule (gelatin purified water, glycerin).