

From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. *We guarantee it!*



Directions: For adults, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Preservatives, No Sugar, No Gluten, No Wheat, No Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning a medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

TO REORDER PROD. # **17486**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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ULTRA WOMAN™ ULTRA WOMAN™ ULTRA WOMAN™

ULTRA WOMAN™

Sport
Performance Formula
Targeted for Active Women

HIGH POTENCY
TIMED RELEASE

90 COATED CAPLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets

Servings Per Container 45

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU 100%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Chloride (as Potassium Chloride)	90 mg 3%
Vitamin D (as D3 Cholecalciferol)	1,000 IU 250%	Potassium (as Potassium Chloride)	100 mg 3%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%	Choline (as Choline Bitartrate)	10 mg *
Vitamin K (as Phytonadione)	80 mcg 100%	Inositol	10 mg *
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	60 mg 4,000%	Boron (as Sodium Tetraborate)	2 mg *
Riboflavin (Vitamin B-2)	60 mg 3,529%	Silica	4 mg *
Niacin (as Niacinamide)	60 mg 300%	Vanadium (as Sodium Metavanadate)	10 mcg *
Vitamin B-6 (as Pyridoxine Hydrochloride)	60 mg 3,000%	UWS Active Sport Blend	150 mg *
Folic Acid	800 mcg 200%	Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Panax Ginseng (<i>Panax ginseng</i>) (root) (standardized to contain 7% ginsenosides), Green Tea (<i>Camellia sinensis</i>) (leaf), L-Glutamine, Taurine, L-Arginine, Beta-Alanine, L-Carnitine, L-Valine, L-Leucine, L-Isoleucine, Glycine, L-Methionine	
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%	UWS Antioxidant Cardio Blend	30 mg *
Biotin	500 mcg 167%	Citrus Bioflavonoids (<i>Citrus spp.</i>) (fruit), Alpha Lipoic Acid, Bilberry (<i>Vaccinium myrtillus</i>) (fruit), Cranberry Concentrate (<i>Vaccinium macrocarpon</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Super Oxide Dismutase, Zeaxanthin, Astaxanthin Complex, Coenzyme Q-10, Lycopene, Lutein	
Pantothenic Acid (as d-Calcium Pantothenate)	60 mg 600%		
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	500 mg 50%		
Iron (as Ferrous Fumarate)	18 mg 100%		
Iodine (as Potassium Iodide)	150 mcg 100%		
Magnesium (as Magnesium Oxide)	100 mg 25%		
Zinc (as Zinc Oxide)	15 mg 100%		
Selenium (as Sodium Selenate)	200 mcg 286%		
Copper (as Cupric Oxide)	2 mg 100%		
Manganese (as Manganese Gluconate)	2 mg 100%		
Chromium (as Chromium Picolinate)	200 mcg 167%		

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Calcium Silicate, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk ingredients.