

Suggested Use: Shake well. Using the dropper, take about 5 drops on a full stomach. Ideally add drops to juice, smoothie or food to mask the mild mineral taste. Can be taken with water if taste is palatable to you.

The body most easily recognizes and absorbs Ionically-Charged Iron.† It exists in the nano-size range and maintains its natural ionic charge allowing it to easily bind and be absorbed within the body.† This liquid concentrate provides convenient and flexible use in very small doses.†

Iron is an essential mineral that plays a crucial role in the health of the blood and energy levels within the body.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Certified VEGAN

TRIQUETRA HEALTH™

IONIC IRON

Ionically Charged | Earth-Source Minerals

- Energy†
- Blood†
- Supports Healthy Iron†



1.9 fl. oz. (56 ml)

DIETARY SUPPLEMENT

Supplement Facts		
Serving Size: .25 ml (5 drops)		
Servings Per Container: 236		
Amount Per Serving:		%DV†
Iron (as Ferrous Sulfate)	10mg	56%
% Percent Daily Values are based on a 2000 calorie diet.		

Other Ingredient: Pure Water, Sorbic Acid, Potassium Benzoate (for freshness)

Distributed by: Triquetra Health LLC™
Lithia, FL 33547

www.triquetrahealth.com

WARNING: Accidental overdose of iron-containing product is a leading cause of fatal poisoning in children under 6.
Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.†