



Mfg. Lic. No. 11512022000298

Batch No. : FP749

Expiry Dt. : 09/2019

FREE OF DAIRY & SOY



Distributed by:
U4LIFE, LLC. d.b.a Ayur Earth
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Manufactured by: IADPL.
Lonavala, Maharashtra, India

AYUR EARTH

AYURVEDIC HERBS



Super Veggies

• Pure • Natural • Effective



3.5oz/100g Powder
Dietary Supplement



Supplement Facts

Serving Size : One (1) rounded teaspoon (3.5g)

Serving Per Container 28

	Amount Per Serving	% DV*
Calories	9.69 Kcal	Calories from Fat 0
Total Fat	<0.006 g	0
Saturated Fat	<0.006 g	0%
Trans Fat	<0.006 g	†
Cholesterol	<0.006 mg	0
Sodium	19.30 mg	0.80%
Potassium	98.39 mg	2.81%
Total Carbohydrates	2.15 g	0.71%
Dietary Fiber	0.57 g	2.28%
Sugars	0.54 g	†
Protein	0.28 g	0.56%
Vitamin A	0.45 IU	0.01%
Vitamin C	0.25 mg	0.41%
Iron	1.07 mg	5.94%
Calcium	131.58 mg	13.15%
Folate	1.92 mcg	0.48%

% DV* are based on a 2000 Calorie diet.

† Daily Values not established

* Approximate Nutritional Value for 3.5g
Super veggies Powder

Ingredients : Organic Veggies Formula blend

One Serving (3.5g) Contains :

VEGETABLE BLEND: 1.855g

Organic Cabbage, Organic Broccoli, Organic Spinach, Organic Parsley, Organic Carrot, Organic Beetroot, Organic Fenugreek.

HERBAL BLEND: 1.55g

Organic Holy Basil, Organic Ashwagandha, Organic Turmeric, Organic Amla, Organic Pippali, Organic Fenugreek seeds, Organic Carom seeds.

DIGESTIVE ENZYMES BLEND: 0.095g

Amylase (Aspergillus Oryzae),
Lipase (Aspergillus Oryzae),
Protease (Aspergillus Oryzae),
Cellulase (Aspergillus Oryzae),
Bromelain (Ananas Comosus,
Ananas Bacteatatus L.)

Directions :

Take one rounded teaspoon (approx. 3.5g) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

Serving Suggestion : Mix with water, juice or smoothie

For better results it should be taken with warm water

Super Veggies powder

**Ultimate Organic Quality
with Incredible Hidden Power**

Organic Plant Based ingredients are considered to contain high amounts of Vitamins, Minerals, Enzymes. The Phytonutrients from the plants may help boost energy, increase the body's immunity & support a natural balance to the body by providing the daily need of nutrients.

Store in a cool dry place away from direct sunlight.
Keep out of reach of children.
Do not use if inner seal is broken or missing.

Caution : Pregnant or lactating women are advised to consume herbal products under the advice of the Healthcare Practitioner.



**These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Product of India