

AYUR EARTH

AYURVEDIC HERBS



Ashwagandha

Stress Management

• Pure • Natural • Effective

60 Capsules

Dietary Supplement

NON
GMO

- Ashwagandha is a traditional herb and is used since ancient times for a variety of conditions.
- It is considered to possess strong anti oxidant properties.
- It may help nourish the nervous and immune system by normalizing energy levels and immune functions.

Supplement Facts

Serving Size 1 Capsule

Serving per container 60

	Amount Per Serving	% Daily Value
Ashwagandha root extract & Ashwagandha root powder Blend (Withania somnifera)	350 mg	**
(Standardized to contain 0.5% Withanolides = 1.75mg)		
(0.8% Alkaloids = 2.8 mg)		
**Daily Value not established		

Other Ingredients : Silicon dioxide, HPMC Capsule.

Direction for use : As a dietary supplement take 1 capsule twice daily, preferably after meals. For better results it should be taken with warm water.

Caution : Pregnant or lactating women are advised to consume herbal products under the advice of the Healthcare Practitioner.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Product of India



Batch No. : AC799

Expiry Dt. : 02/2020

Neutral Code: MH/PD/AYU/002/10

FREE OF DAIRY & SOY



FDA
REGISTERED FACILITY
12251468998

Distributed by:

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Store in a cool dry place away from direct sunlight.
Keep out of reach of children.
Do not use if inner seal is broken or missing.